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Abington High School

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We've reached an impasse
We're forced to look towards our future
What path will you take?
Will you be my doctor in the years to come?
My mechanic? My lawyer? My vet?
Will you be topping the charts with a hit single?
Or will you be at home tending to your children?
Will you still be my neighbor, my ally, my friend?

Only time will answer these uncertainties
Only time will show you what's in store
Only time will listen to your struggles
Only time will teach you more
Than you have learned in the years we shared together
Wandering these hallways, uncertain and shy
Or perhaps you were bold and self-assured
Grabbing the attention of any who would listen

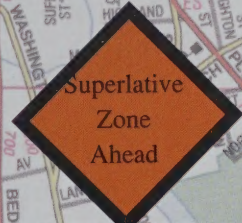
They say your teenage years define who you become
I believe that there is an endless twisting pathway
Winding its way through our lives
Destiny can be forever changed
If you only look at where you've been
And let it direct you where to go
Trust your instincts, trust your gut
And you will learn who you truly are

— Leah Merrill

ROADMAP OF WHERE TO FIND US



75 MPH



35 MPH



2 MPH



SPORTS

92 MPH



44 MPH



88 MPH



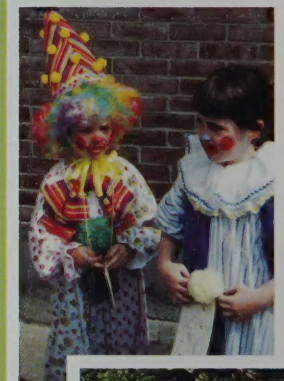
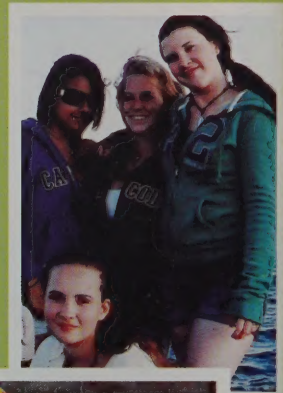
114 MPH



53 MPH



SEENYANS





Every year the incoming freshmen are met with the same warning at orientation. "Don't wish your years at high school away. These are going to be some of the best years of your life and they're going to go by so fast." The class of 2009 was no different. Everyone seemed to want to imprint this knowledge into our brains (and that means everyone, including peers, teachers, and parents), but we never seemed to want to listen. We were ready to start high school and just as ready to get it over with. When we showed up to orientation we all felt the same way: excited, maybe a little bit intimidated, and anxious to get our first day over with. To help us with these overwhelming feelings, the seniors gave us all bobbers to help us "stay afloat" in high school.

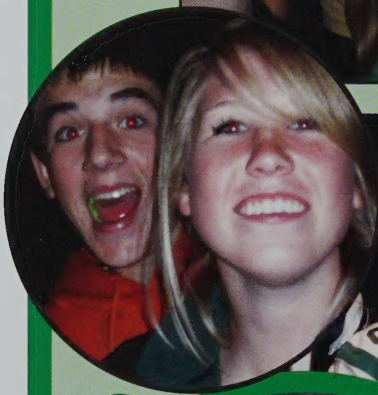
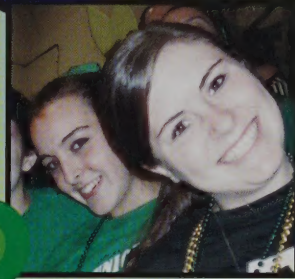
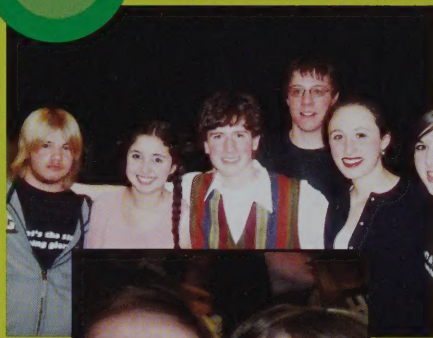


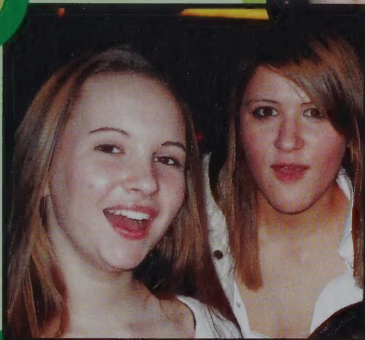
Well, here we are, four years later and we're forced to admit that everyone was right. These four years did go by in the blink of an eye and, even though we're all eager to graduate and start our new lives outside of Abington High School, we know now not to wish our lives away. Maybe, though, it's something that can only be learned through experience. Maybe it's only after time has gone by so fast that we realize we should have slowed down and enjoyed our time here.

Looking back it's easy to see that the bobbers actually helped us. In the big pond that is Abington we clung to those bobbers in the whirlwind of high school activities. However, we started to realize that this pond branches out into different rivers and over the course of four years we have each drifted toward the river we'll be going down following graduation. As high school comes to a close we'll all be making our own journeys on our own rivers. In the end, though, we're all going to end up in the same place, that big ocean called the world. So as we each get ready to float down the calm waters (or maybe kayak the rapids) of our own separate rivers, always remember the advice of the French Proverb, "Follow the river and you will find the sea."

Stephanie Hall







Anna Lisa Abbatangelo



Peer Leaders 9, 10, 11, 12
Soccer 9, 10, 11, 12
Basketball 9, 10
Track 9, 10, 11, 12
NHS 11, 12
Prom Committee 11

"You get what you give. What you put into things is what you get out of them." - Jennifer Lopez

Stephen Akins



Marching Band 9, 10, 11, 12
Pit Orchestra 9, 10, 11, 12
Jazz Band 10, 11, 12

"Music expresses that which cannot be said and on which it is impossible to be silent." - Victor Hugo

Robert Andersen Jr.



William Barbuto



Kayla Boerboon



TJ Brogle



Baseball 9, 10, 11, 12
Soccer 10, 11, 12
Football 9

Samantha Bruning



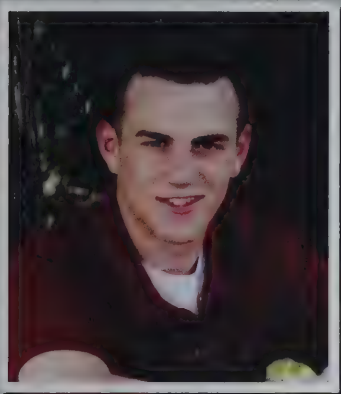
Cheerleading 9, 10, 11, 12
Lacrosse 9, 10

"It is better to look ahead and prepare than to look back and regret." -Jack Joyner Kearsee

Andrew Budwey



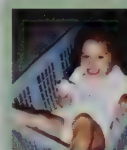
Joseph Bunker



Baseball 9, 10, 11, 12

"Thug Life"

Alexa-Rose Burke



"There is no way to be a hundred percent sure about anyone or anything. So you're left with a choice. Either hope for the best, or just expect the worst."

Anthony Canada



Thomas Carleton



Hockey 9, 10, 11, 12
Interact Club 11, 12
Golf Team 10, 11, 12
Peer Leaders 9, 10, 11, 12

"The road to success is always under construction"
- Arnold Palmer

Joseph Casey



Track 9, 10
Stage Crew 9, 10

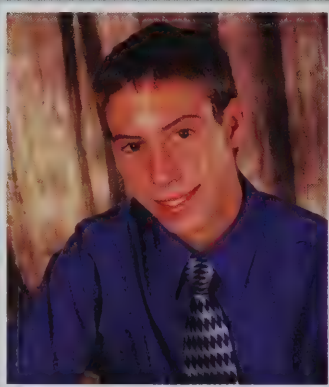
Melissa Catalano



Peer Leaders 9
Prom Committee 11
Yearbook 12

"No matter how good you get you can always get better and that's the exciting part." - Tiger Woods

Thomas Chambers



XC 11, Cpt. 12
Soccer 9, 10
Track 9, 10, 11, Cpt. 12
Basketball 9
Jazz Band 11

"If you're going through hell, keep going." - Winston Churchill

Marie Chatelain



Drama 12
Winter Guard 12

"Only a life lived for others is a life worthwhile." - Albert Einstein

Kelsea Cheney



Basketball 9, 10, 11, Cpt. 12
Softball 9, 10, 11, Cpt. 12
Soccer 9, 10, 11, Cpt. 12
Yearbook 12
Prom Committee 11

Nicholas Clarke



Soccer 11
Ultimate Frisbee 11, 12

"They're all wasted!" - The Who

Sean Clements



Brianna Coe



"I never regret anything. Because every little detail of your life is what made you into who you are in the end." - Drew Barrymore

Michael Colitti



Zachary Concannon



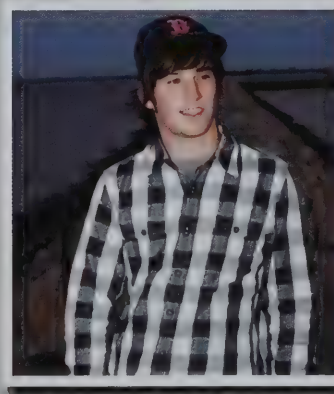
Peer Leaders 9, 10, 11, 12
Golf 9, Cpt. 10, 11, 12
Hockey 9, 10, 11, Cpt. 12
Track 9

"Michael Jordan."

Erin Cooper

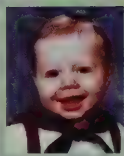
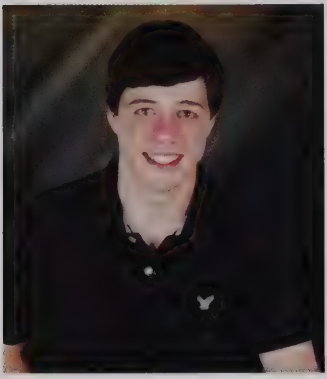


Matt Curnyn



"I'm not the kid that I used to be, I'm doing my best to change, but it's getting harder to change as this world looks down on me!"
-This Alone

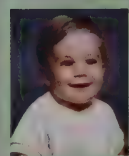
Daniel Cusick



Track 9, 10, 11, 12
Marching Band 9, 10, 11
XC 12
Jazz Band 9, 10, 11, 12
Pit Orchestra 10, 11, 12
NHS 11, V.Pres. 12

"Success is not final, failure is not fatal; it is the courage to continue that counts." - Winston Churchill

Jonathan Dann



Kristen Dano



Michael DeCarvalho



Lauryl DeGrenier



XC 9
Basketball 9, 10
Lacrosse 9, 10, 11, Cpt. 12

Tiffany DeJesus



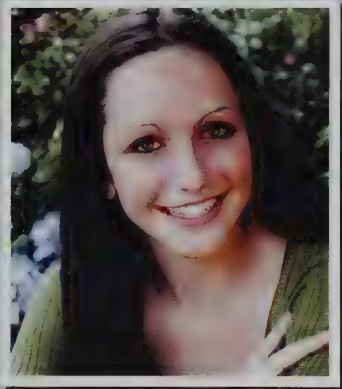
Luke Deyulus



Football 9
Baseball 9
Best Buddies 9

"There's just no subs-titute."

Hilary Dillon



Cheerleading 9, 10, 11, 12
Lacrosse 9, 10, 11, 12
Student Council 9, 10, 11, 12

Robert Dillon



Christopher Dion



Football 11, 12
Hockey 11, 12
Baseball 11, 12
Drama 11

"Without struggle there is no progress." - Frederick Douglass

Bryan Donovan



Soccer 9, 10, 11, 12
Track 9, 10, 11, 12

"Music is an outburst of the soul."

Joseph Dunn



Football 9, 10
Basketball 9, 10
Amnesty International 9

"One day life will flash before your eyes, make sure its worth watching."

Corey Dussault



Soccer 9

"Just trying to dance with Lucy."

Jillian Fagan



S.A.M. 9, 12
Gazette 9, 10
Color Guard 9, 10, 11, 12
International 9, 10
Engineering 11
Drama 9, 10, 11, 12
Yearbook 12
Track 11, 12
Show Choir 11
Pride Day 9, 10, 11, 12

"Dance like no one is watching you. Sing like no one is listening.
Love like you've never been hurt. Live each day like it's your last."

Keith Faxon



Football 9, 10, 11, 12
Track 10, 11, 12

"You only live once."

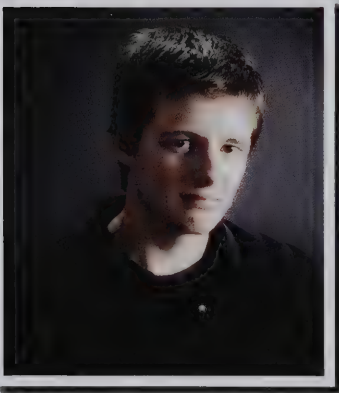
Caitlin FitzGerald



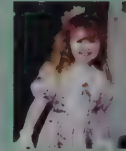
XC 9, 10, Cpt. 11
Lacrosse 9, 10, 11, Cpt. 12
Stage Crew 10, 11, 12
Student Council 10, 11, 12

"Pooh began to feel a little more comfortable, because when you are a Bear Very Little Brain, and you Think of Things, you find sometimes that a Thing which seemed very Thingish inside you is quite different when it gets out in the open and has other people looking at it."
- The House at Pooh Corner

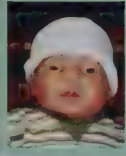
Devin Flattery



Courtney Fleming



Matthew Folan



XC 10, 11
Track 10, 11, 12
Drama 12
S.A.M. 12

"It's a fool's race to run if all is lost when won"

Michael Forsberg



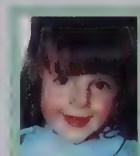
Stephen Foster



Football 9, 10, 11, 12
Lacrosse 9
Class Officer 9

"As real as it gets!"

Kaitlyn Foulds



Lacrosse 9, 10, 11, 12
Peer Leaders 9, 10, 11, 12
Gazette 9, 10, 11, 12
S.A.D.D. 10, 11, 12
Drama 10, 11, 12
No Place for Hate 11, 12
International 11, 12

"Today you are you, that is truer than true. There is no one alive, you-er than you." - Dr. Seuss

Lawrence Francis



Football 11, 12
Track 10, 11, 12

"You must be the change you wish to see in the world."
-Mohandas Ghandi

Theresa Franey



Cheerleading 9, 10, 11 Cpt. 12
Softball 9, 10, 11, 12
Drama 12
Basketball 9
Recycling Club 12

"I do not regret the things I've done, only those I did not do."

Patrick Gabriele



Football 9, 10, 11, 12
Lacrosse 9, 10, 11, Cpt. 12
Basketball 9, 10

"Friends don't let friends fight alone."

Rebecca Gagne



Amy Galvin



Color Guard 10, 11, 12
Winter Guard 9, 10, 11, 12
Peer Leaders 9, 10, 11, 12
Tomorrow's Teachers 12
International Club 12

"Every song has an end, but is that any reason not to enjoy the music?"
- One Tree Hill

David Gambon



Soccer 9, 10, 11, 12
Baseball 9
Track 11, 12
Jazz Band 9, 10, 11
Pit Orchestra 9, 10, 11, 12

"Life for you has been less than kind so take a number and stand in line we've all been sorry all been hurt but how we survive is what makes us who we are." - Rise Against

Richard Gianinni



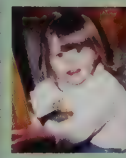
Patrick Glover



Amanda Goguen



Hilary Goguen



"No regrets, just lessons learned."

Karinne Gordon



Kayla Gordon



"I'd rather be hated for who I am, than to be loved for who I am not."

Sara Greenlaw



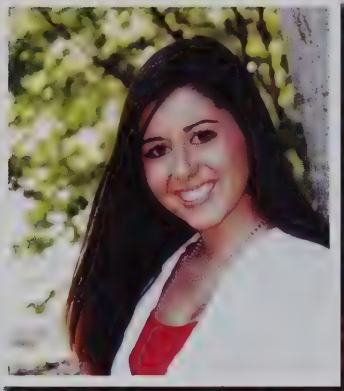
Soccer 9, 10, 11, 12
Track 9, 10, 12
No Place for Hate 11, 12
Prom Committee 11
Yearbook 12

"Here we are caught in the amber of this moment. There is no why."
- Kurt Vonnegut

Heather Guerriero



Samantha Hall



Basketball 9
XC 9, 10
Cheerleading 10, 11
Lacrosse 9, 10, 11, Cpt. 12
No Place for Hate 11, 12
NHS 11, 12
Prom Committee 11

"A purpose of human life, no matter who is controlling it, is to love whoever is around to be loved." - Kurt Vonnegut

Stephanie Hall



Color Guard 10, Cpt. 11, 12
Winter Guard 9, 10, Cpt. 11, 12
S.A.M. 10, 11, 12
Tennis 9, 10, 11, Cpt. 12
Pit Orchestra 9, 10, 11, 12
NHS 11, 12

"Everybody who lives dies, but not everyone who dies lives."

Chelcie Hanley

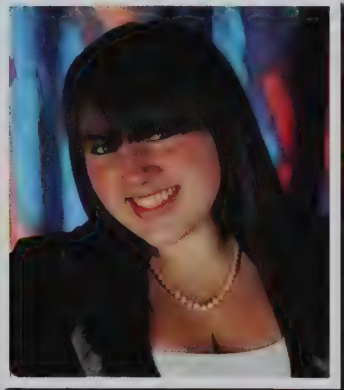


"Where you go, go with all of your heart." - Confucius

Alexa Hayden



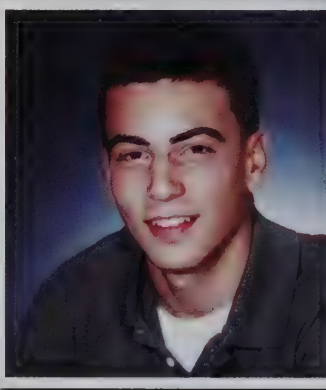
Meghann Hickey



Marching Band 9, 10, 11, 12
Student Council 9, 10, 11, 12
Peer Leaders 9, 10, 11, 12
Jazz Band 9, 10, 11, 12
Show Choir 9, 10, 11
Pit Orchestra 10, 11, 12
NHS 11, 12
Yearbook 10, Editor 12
S.A.M. 11, 12
Winter Guard 12

"What is hardest to accept about the passage of time is that the people who once mattered the most to us are simply wrapped up in parenthesis"
-John Irving

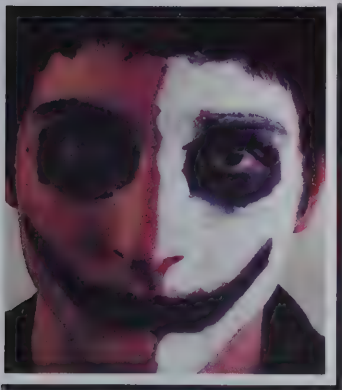
Tyler Hitchcock



Football 9, 10, 11, 12
Baseball 9, 10, 11, 12
Basketball 9, 11

"Don't turn your back on the Wolfpack....x"

Nicholas Hoitt



"Oderint dum Metaunt"



XC 10, 11
Track 10, 11

Katherine Hurley



"The longer you live the higher you'll fly; the smiles you give, the tears you cry; all you touch and all you see, is all your life will ever be."



Tennis 9, 10, 11, 12
Drama 10
No Place for Hate 12
XC 10

Emily Jacobs



Marching Band 9, 10, 11, 12
Winter Guard 9, 10, 11, 12
Jazz Band 9, 10, 11, 12
Pit Orchestra 9, 10, 11, 12
S.A.M. 10, 11, 12

Ashley Jaime



Soccer 9, 11, 12

Ashley Jorgensen



Prom Committee 11

Patrick Iacobucci



Football 9, 10, 11, 12

"To the world you may be just one person, but to one person you may be the world."

Kalonji Kabongo



Football 9, 10, 11, 12
Track 9, 10, 11, 12
No Place for Hate 11, 12

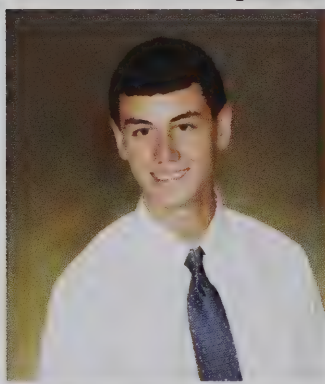
"High school, the best times I'll never remember."

Joseph Kenney



Lacrosse 9, 10, 11, 12
Basketball 9

Timothy Killian



Soccer 9, 10, 11, Cpt. 12
Basketball 9, 11, 12
Tennis 9, 10, Cpt. 11, 12
Class VP 10, 11, 12
NHS 11, Ways & Means 12

"I don't need to know where I'm going, I just need to know where I've been." – Cars

Brian Kurowski



Soccer 9, 10, 11, Cpt. 12
Basketball 9, 10, Cpt. 11, 12

Julie Lawrence



Soccer 9, 10, 11, 12
Track 9, 10, 11, 12
Yearbook 12
Drama 10

"Now that's fashion."

Emily LeBlanc



S.A.D.D. Pres. 10, 11, 12
Gazette 9, 10, 11, 12
Peer Leaders 9, 10, 11, 12
Yearbook 12
Basketball 9
Lacrosse 9, 10, 12

"If you can't make it better, you can laugh at it." -Erma Bombeck

Eric Lee



XC 9, 10, Cpt. 11, 12
Track 9, 10, 11, 12
NHS 11, 12

"Maybe you'll find direction around some corner where it's been waiting to meet you" - Grateful Dead

Jared Lewis



Ultimate Frisbee 10, 11, 12

"The only sensible way to live in this world is without rules."

Alec Long



Golf 9, 10, 11 Cpt. 12
Baseball 9
Tennis 11, 12

"To infinity and beyond."

Mykel Looney



Nicholas Lueck



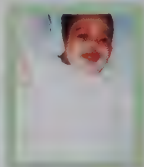
Basketball 9
Football 9, 10, 12
Baseball 9, 10, 11, 12

Daniel Lundgren



"No."

Jessica Machado



Peer Leaders 11, 12

"Nothing tastes as sweet as what you can't have." – Teddy Geiger

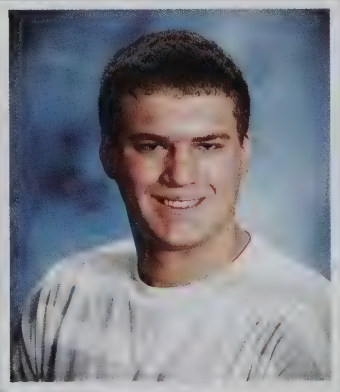
Patrick Manning



Math Team 9, 10, 11, Cpt. 12
Jazz Band 9, 10, 11, 12
Pit Orchestra 9, 10, 11, 12
Marching Band 10, 11, 12
Track 11, 12

"I wish I had a senior quote."

Charles Marcelonis



"Roflcopter"

Brandon Marini



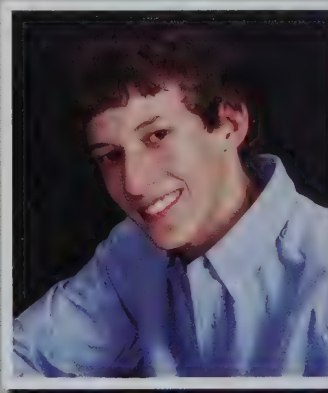
Baseball 9, 10, 11, 12
Soccer 9, 10, 11, Cpt. 12

"Stupid is as stupid does."

Sean Martin



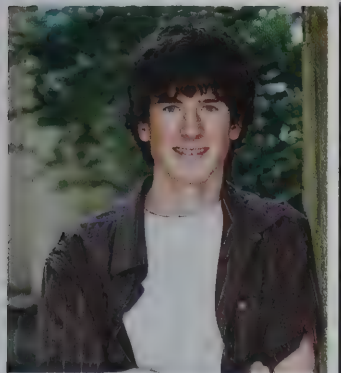
Joshua McAuliffe



Peer Leaders 9, 10, 11, 12
Lacrosse 9, 10, 11, 12
Football 9
Golf 11
International 9
New Student Transition 11, 12

"It's made with bits of real panther, so you know it's good."

Christopher McDonnell



"Life's a journey, not a destination."



Soccer 9, 10
Track 9, 10, 11, 12
XC 11, 12
Drama 11

Colleen McLellan



"It's good to have an end to journey toward, but it's the journey that matters in the end." - Unknown

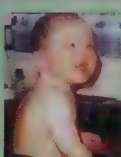


Cheerleading 9, 10

Kevin McNamee



"The Constitution only guarantees the American people the right to pursue happiness. You have to catch it yourself." -Benjamin Franklin



Marching Band 9, 10
S.A.D.D. 10 Sec. 11, 12
Gazette 10, 11, 12
S.A.M. 10
International 9, Pres 10, 11, 12
Prom Committee 11
Yearbook 10, Editor 12
No Place for Hate 11
NHS 11, 12

Leah Merrill



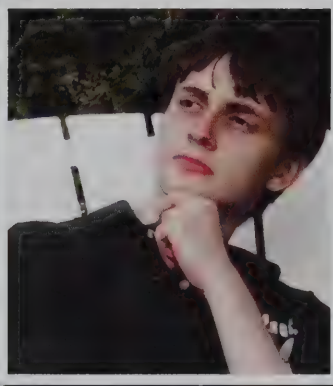
Christine Mione



"Everything happens for a reason."



Benjamin Mitchell



"If opportunity doesn't knock, build a door."
-Milton Berl



Math Team 11, 12
Soccer 9
Basketball 9
Tennis 9, 10, 11, 12
NHS 12

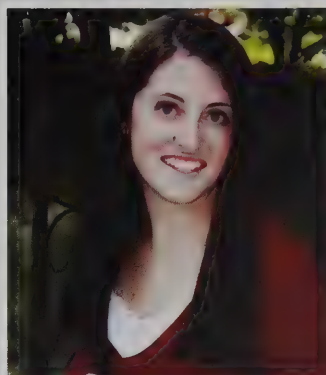
Elizabeth Mollica



Soccer 9, 10, 12
Basketball 9, 10
Track 9, 10
XC 11
Tennis 11, 12
Peer Leaders 9, 10, 11, 12
Student Council 9, 10, Tres. 12
Yearbook Editor 12
Prom Committee 11

"Go confidently in the direction of your dreams. Live the life you have imagined." - Henry David Thoreau

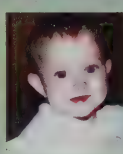
Nicole Mollica



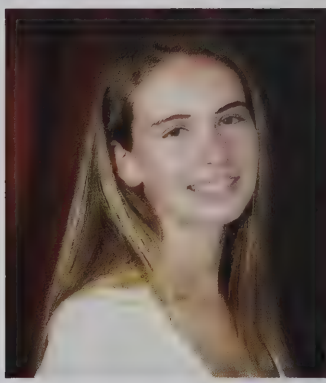
Peer Leaders 9, 10, 11, Sec. 12
Student Council 9, 10, 11, Pres. 1
XC 9, 11
Basketball 9, 10
Tennis 9, 10, 11, Cpt. 12
NHS 11, 12
Prom Committee 11
Yearbook 12

"Every new beginning comes from some other beginning's end."
- 'Closing Time', Semisonic

Amanda Moulton



Teala Muir



Softball 11, 12

"You love us when we're winning, and hate us when we're losing, you guys should learn a little something about loyalty." - Larry Bird

Elizabeth Mullen



Drama 9, 10, 11, 12
Marching Band 11, 12
Track 10
Student Council 9
Show Choir 11
Yearbook 12

"Come on with rain, I've got a smile on my face." - Singin' in the Rain

Kaitlin Mullin



Marching Band 9, 10, 11, 12
Pit Orchestra 9, 10
Winter Guard 9, 10

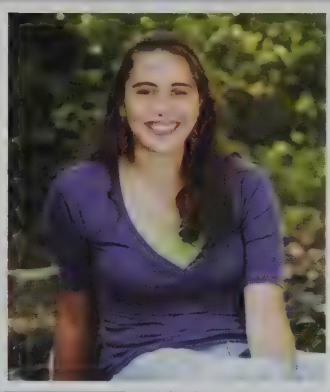
"If there's no one beside you when your soul embarks, then I'll follow you into the dark."

Marie Murphy



"Trust no one but yourself."

Allyson Nagle



Soccer 9, 10, 11, 12
Basketball 9, 10, 11, 12
Softball 9, 10, 11, 12
NHS 11, Tres. 12

"Life is not measured by the number of breaths you take, but by the number of moments that take your breath away"

Shaelyn Nevulis



Show Choir 11, 12
SAM 9
Drama 10, 12

"All I want is a little free."

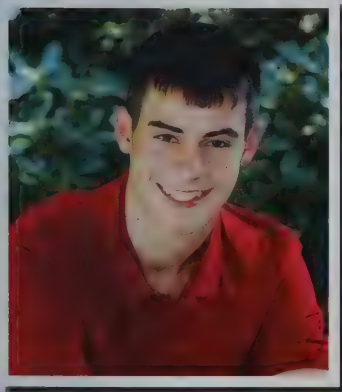
Tram-Anh Nguyen



Class Pres. 10, 11, 12
NHS 11, Sec. 12
Track 9, 10, 11, 12
Peer Leaders 9, 10, 11, 12
Pit Orchestra 9, 10, 11, 12
School Council 11, 12
Student Advisory Council 12
Yearbook 12

"We make a living by what we get, but we make a life by what we give." - Winston Churchill

Jared O'Brien



Soccer 10
XC 11, 12
Track 9, 10, 11, 12

Timothy O'Brien



Sara Oakley



SADD 11, 12
Track 10, 11, 12

"Love, live, life, proceed, progress." - Lil Wayne

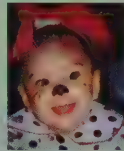
Kristina Oberlander



Show Choir 11, 12

"Love all, trust few, do wrong to no one." - William Shakespeare

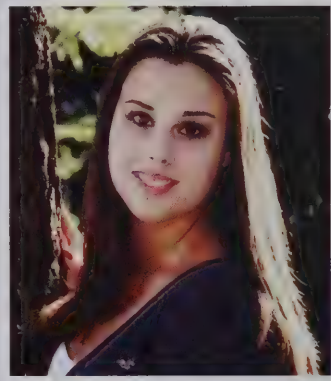
Isabel Osejo



Soccer 12
Yearbook 12

"To be one, to be united is a great thing. But to respect the right to be different is maybe even greater." - Bono

Joelle Paolino



Peer Leaders 9, 10, 11, 12
S.A.D.D. 10, 11, 12
No Place for Hate 11, 12
Gazette 10, 11, 12
Tennis 10, 11, 12
New Student Transition 10, 11, 12
International 11, 12

"Someone once said: it's the good girls who keep diaries. The bad girls never have the time. Me... I just wanna live a life. I'm gunna remember. Even if I don't write it down."

Aaron Parsons



Hockey 9, 10, 11, 12
Football 9, 10, 11, 12
Baseball 9, 10

Daniel Pasquale



Soccer 9, 10, 11, 12
Peer Leaders 10, 11, 12
Ultimate Frisbee 9, 10
Stage Crew 9, 10, 11, 12
Drama 12

"Dream as if you'll live forever, live as if you'll die tomorrow."
- James Dean

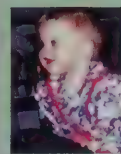
Stephen Perakslis



Football 9, 10, 11, 12
Baseball 9, 10, Cpt. 11, 12
Basketball 9

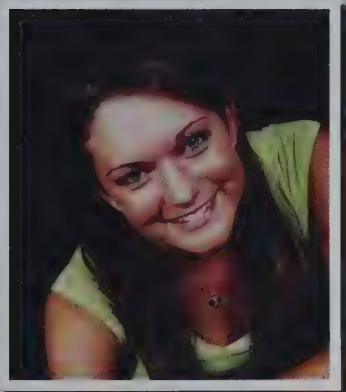
"I hated every bit of training, but never said quit. Live the rest of my life as a champion."

Brittany Purtell



"Today is where your book begins, the rest is still unwritten."

Chelsey Redman



James Richards



Ultimate Frisbee 9, 10, 11, 12

"Seeeenyahhhs!"

Isaiah Riley



Jonathan Rogiers



Golf 10, 11, 12
Ultimate Frisbee 9, 10, 11, 12
Basketball 9
Peer Leaders 10, 11, 12

"Use it up, wear it out, make it do or do without" - Unknown

Samantha Sandonato



Prom Committee 11
Yearbook 12
NHS 11, 12
Soccer 9, 10, 11, 12
Track 9, 10, 11, Cpt. 12
Peer Leaders 9, 10, 11, 12
Basketball 9, 10

"I hope you never look back, but you never forget all the ones you love in the place you left." - Rascal Flatts

Ellen Santagati



Softball 9, 10, 11, Cpt. 12
Basketball 9, 10
Soccer 9, 10
Prom Committee 11

"There is no set path, just follow your heart." Anonymous

Lais Santos



Christina Sawyer



S.A.D.D. 10, 11, 12

Corinne Schuler



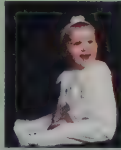
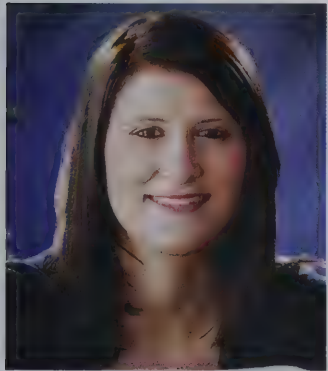
"You know it's been said that we just don't recognize the significant moments in our lives while they're happening. We grow complacent with ideas, things or people and we take them for granted. And it's not until that thing has been taken away from you that you've realized how wrong you've been that you realize how much you need it, how much you love it."

Stephanie Seppala



"Sometimes the hardest thing and the right thing are the same."

Kathleen Shepard



Gazette 11, 12
Peer Leaders 9
Drama 10, 12
S.A.D.D. 10, 11, 12
Show Choir 10, 11, 12
International 11, 12

"I won't lower my standards to raise yours."

Robert Sims



Marching Band 9, 10, 11, 12
Winter Guard 9, 10, 11, 12
NHS 11, 12

"Success is falling nine times and getting up ten." Jon Bon Jovi

Jillian Smith



Pride Day 9, 10, 11, 12
NHS 11 Pres. 12
XC 9, 10, Cpt. 11, 12
Track 9, 10, Cpt. 11, 12

"A little natural does a lot of good." Poland Springs

Alexander Snyder



XC 9, 10
Soccer 11, 12
Track 9, 10, 11

"The toughest thing about success is that you've got to keep on being a success." Irving Berlin

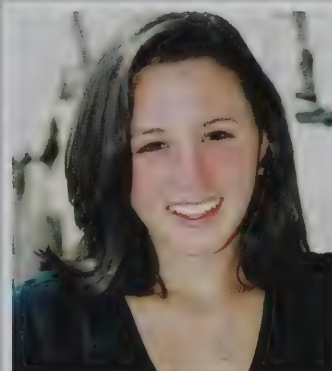
Kelsey Southerland



Basketball 9, 10, 11, 12

"These are the moments, these are the times, let's make the best out of our lives."

Elizabeth Spallino



Marching Band 10, 11, 12
Drama 9, 10, 11, 12
S.A.M. 12

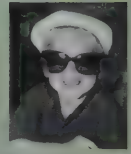
"Me and you, we got more yesterday than anybody. We need some kind of tomorrow."

Brianna Spencer



"So give it up, throw your hats in the air and change just as they land, you're saying we'll get out of here."

Max Suarez



Golf 10, 11, 12
Basketball 9, 10, 11, 12
Baseball 9, 10, 12
Peer Leader 9, 10
Tennis 11

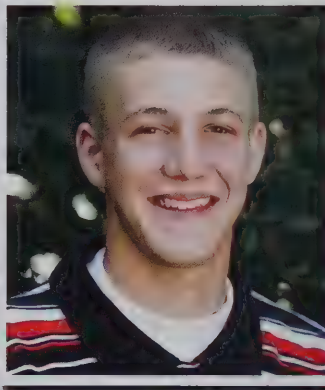
"Instead of chasing that paper, just live your life." -T.I.

Stephen Sullivan



Marching Band 9, 10, 11, 12
Hockey 9, 10, 11

Joseph Theodore



Football 9, 10, 11, 12
Baseball 11

"Circumstances made me what I am."- Cassidy

Christopher Tighe



Basketball 9, 10, 11, 12
Baseball 10

"Life moves pretty fast, if you don't stop and look around once in a while you could miss it" -Ferris Bueller

James Traverse



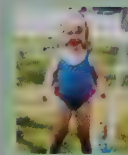
Ryan Vantine



Soccer 9, 10, 11, 12
Track 9, 10
Tennis 11
Mr. AHS 9, 10, 11, 12
NHS 11, 12

"Go big or go home" – Brink

Heathyr Ward



Cheerleading 9, 10, 11, Cpt. 12
Softball 9, 10, 11, 12
No Place for Hate 11, 12
Class Sec. 9, 10, 11, 12

"Shoot for the moon. Even if you miss you'll land among the stars."
-Les Brown

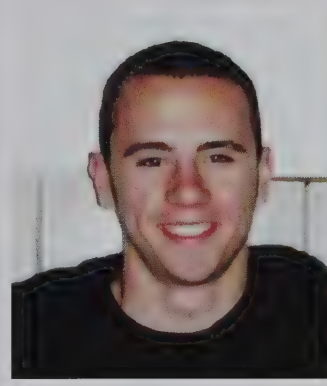
Jennifer Whalen



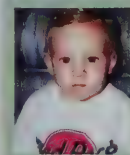
Class Tres. 10, 11, 12
Prom Committee 11
Yearbook 12

"Go in your own direction and you won't ever get lost."

Richard Woodworth



Daniel Zdonek



Football 9, 10
Lacrosse 10

"Nothing is as important as passion. No matter what you do with your life, be passionate."

Not pictured:
Vanessa Cyprien
Kendra Fisher
Brienne Frazer
Matthew Looney
Farren Smith



Remember When...

... the picnic table collapsed at Jen Whalen's 18th birthday party while everyone was sitting at it?

...James Richards knocked out Colleen McLellan with a softball in sophomore gym class?

...when the whole cafeteria sang "Happy Birthday" to Allyson Nagle?

...Marini's Volvo got totaled on the same day he took the SATs?

...Ms. Rainville had a Captain Jack Sparrow cardboard cutout in class?

...when Julie wore bright yellow sweatpants and a gray sweater, and then told Sara Greenlaw her shoes were ugly?

...Ellen was tackled by Heathyr at softball practice sophomore year?

...we had a big-wheel race, and the police came?

...Steve Foster got his eyebrows shaved off?

...when Ms. J thought Dan Pasquale had illegal substances and told him to clean himself up?

...Sean Clements came into school with a knight costume on?

...Joe Bunker hid in Ms. Dwyer's closet?

... Dan Pasquale at Friday night football games?

... Ms. Barker was here?

... when Ms. Powers' chair collapsed in sophomore science?

... the time Mr. Shannon fell off the stage?

... Kevin McNamee hit Heathyr Ward's car and then Emily LeBlanc was looking back at it and hit Katie Hurley's car?

... the fire extinguisher exploded in the art room, and we didn't know what to do?

... Chris Tighe crashed a car into a pole?

... the lab team assembled, "Heathyr from the far east, Kalonji from the Deep South, and Sam... from across the street."?

... we made a pig-pile at soccer, and sang the National Anthem?

... Jessica dropped her salad on the floor sophomore year and yelled at the top of her lungs and the cafeteria went silent?

... "Loose lips sink ships." the Silent 7?

... chicken bowl lunch lines?

... the mice invaded the school?

... Ashley Jorgensen's boyfriend shot Katie Shepard in the back with a paintball gun?

... Kayla Boerboon and Kayla Kasmouski got in a fist fight over a seat in Ms. Barker's class?





We, the Class of 2009, bequeath to you...



I, Dan Pasquale,
leave the
memories of
Rusty to
Caroline
Smith &
N-mal.

I, Alex Snyder, leave eating bananas in
the morning to Dylan Pietrasik.

I, Tim Killian,
leave 3 nice things
to Ms. Daisy.

I, Jono Rogiers, leave all saran wrapping
to T.J Rogers and Ben Pignone.

I, Bryan Donovan,
leave my locker to
whatever freshman
gets it next year.

I, James Richards, leave Ryan
Foster and Jon Doucette
honorary Ultimate Frisbee
captain titles.

I, Chris Tighe, leave Kristian
LaPointe my love from the Bud
Madden. "Everyone say hiii
bud."

We, Heathyr Ward
and Sara
Greenlaw, leave
apricots to Evan
Parsons.

I, Nick
Hoitt,
leave
Mike
Mulligan
a piece
of my
hair.

I, Chuck
Marcelonis, leave
John Foley with
everything

I, Stephen Akins,
leave Adam
Campbell and
John Lynch to
carry on my name.

I, Liz Mollica, leave my
bad luck and sicknesses
to the nurse.

I, Jillian Smith, leave
my glasses to Katie
Hurley

I, Robert Sims,
leave you all
broken computers.

I, Jen Whalen, leave
Brendan Whalen the true
meaning of ASD.

I, Kalonji Kabongo,
leave Andrew Crosta
the crown of AHS.

I, Emily LeBlanc, leave the
nurse with a headache.

I, Jill Fagan, leave to my teachers past and present, a legacy of chaos, random trivia, and missing homework; to my friends (you know who you are) my eternal love and gratitude; and last to my sister Emily, a legacy of unforgettably, may you do me proud.

I, Katie Shepard, leave behind Kaitlyn Foulds' fingers, and James Richards lion-like hair.

I, Keith Faxon, leave LaPointe, Crosta, Campbell, and McHugh the right to rule the school.

I, Kevin McNamee, leave my excessive road rage to the boulevard.

I, Tram-Anh Nguyen, leave my presidential spirit to Bridget Wakelin, and my love of "bows & toes" during track to Melissa DeCarli.

I, Julie Lawrence, leave Brendan Whalen an emergency poncho, for emergencies.

I, Max Suarez, leave the love of Bud Madden to any underclassmen basketball players.

I, Ellen Santagati, leave Naddy Ice to Kristen Reynolds because she will carry on his name.

I, Jared Lewis, leave my Frisbee powers and white-T's to Steve Finn and, my handsome looks and legacy to Ryan Southerland.

I, Chris Dion, leave nothing to nobody.

I, Brandon Marini, leave my big wheel at the top of Mt. Laurel.

I, Pat Manning, leave my Kenny Loggins statue to Mr. Blanchette.

I, Sara Greenlaw, leave purple Gatorade to Bridget Wakelin.

I, Sean Clements, leave my sarcasm to James Rota, annoyability to all the freshman, heart with lungs to the building, soul to a badminton racquet, a boy of assorted body parts to Mr. Beer, the rest to the Dana-Farber Cancer Institute.

I, Joe Bunker, leave my first-base coaching abilities to anyone that wants them.

I, Tom Carleton, leave my initials, TJC, to Mum.

I, Nicole Mollica, leave my "decorum" to the tennis team.

I, Tyler Hitchcock, leave Kristian LaPointe full responsibility of taking good care of Ms. Dwyer.

FAVORITES

Favorite Store:



AE



Target



Hollister

Favorite School Lunch:



Mashed Potatoes



Spicy Chicken



Chicken Bowl

Favorite Song:



"Paper Planes" - MIA



"Low" - Flo Rida



"Leavin'" - Jesse McCartney

Favorite Hangout:



Sub Galley



South Shore Plaza



Animal Club

Favorite Game:



Call of Duty



Red Dead



Grand Theft Auto

Favorite TV Show:

Prison Break



Family Guy



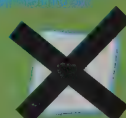
The Office



Favorite Parents:



Mr. Nigro



Mrs. Smith

Favorite Radio Station:



Kiss 108



Jam'n 94.5



Indie 104.1

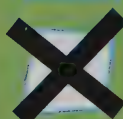
Favorite Food:



Pizza



Chicken



Pasta

Favorite Movie:



The Dark Knight



Superbad



Pineapple Express

Favorite Fast Food:



Burger King



McDonald's



Wendy's

Favorite Sport:



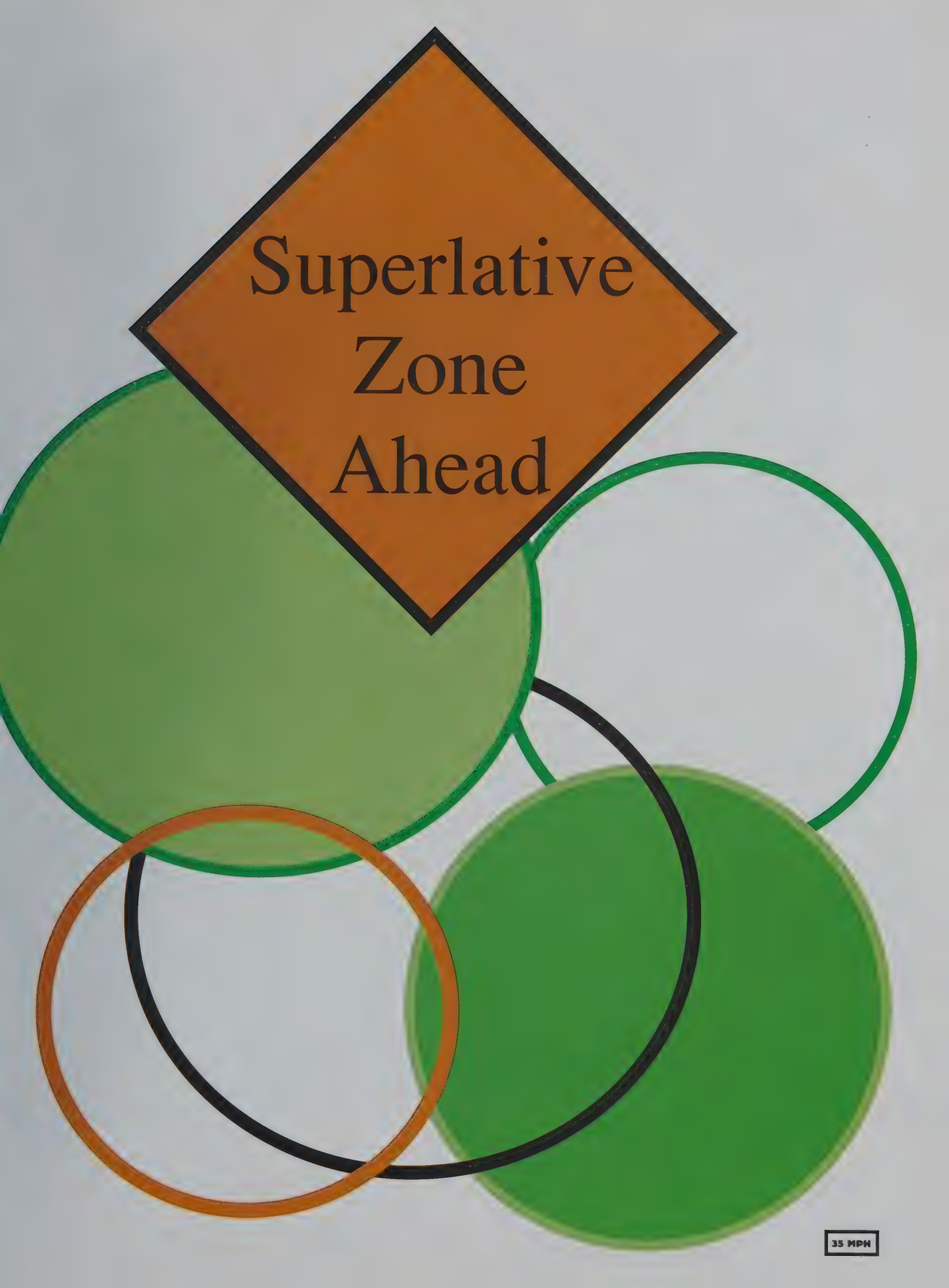
Soccer



Football



Basketball

An abstract graphic design featuring a light gray background. At the top center is an orange diamond with a black border. Below it are several overlapping circles. A large, semi-transparent light green circle is on the left. To its right is a white circle with a green outline. Below the light green circle is a solid green circle. An orange circle outline overlaps the bottom left of the light green circle. A black circle outline overlaps the bottom right of the light green circle and the top left of the solid green circle. The text "Superlative Zone Ahead" is centered within the orange diamond in a black serif font.

Superlative Zone Ahead

Best Dressed



Ryan Vantine

Sami Sandomato

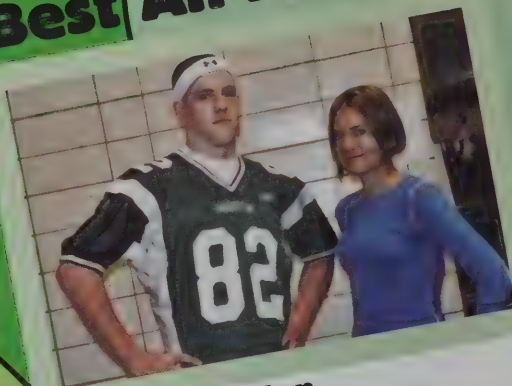
Best Smile



Pat Gabriele

Hilary Dillon

Best All Around



Chris Dion

Jillian Smith

Most Outgoing



Tim Killian

Heather Ward

Most Likely to Succeed



Dan Cusick

Tram-Anh Nguyen

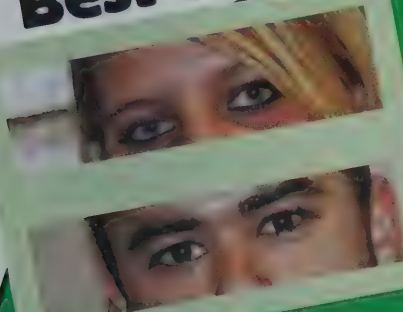
Most Athletic



Brian Kurowski

Kelsea Cheney

Best Eyes



Marie Murphy

Tim O'Brien

Life of the Party



Chris Tighe

Lauryl DeGrenier

Class Couple



Christine Mione

Pat Iacobucci

Best Laugh



Colleen Mclellan

Kevin McNamee

Biggest Flirt



Steve Foster

Anna-Lisa Abbatangelo

Best Hair



Sara Greenlaw

Eric Lee

Best Dancer



Rich Woodworth

Christina Sawyer

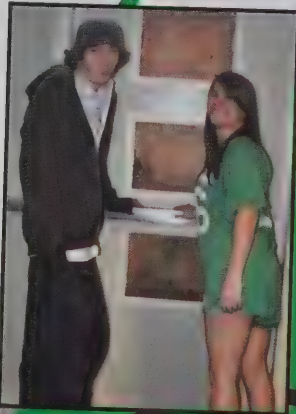
Most Humorous



James Richards

Emily LeBlanc

Biggest Case of Senioritis



Corey Dussault

Brianna Spencer

Most Musical



Meghann Hickey

Steve Akins

Best Car



Katie Mullin

Dan Pasquale

Greenwave Pride



Melissa Catalano

Brandon Marini

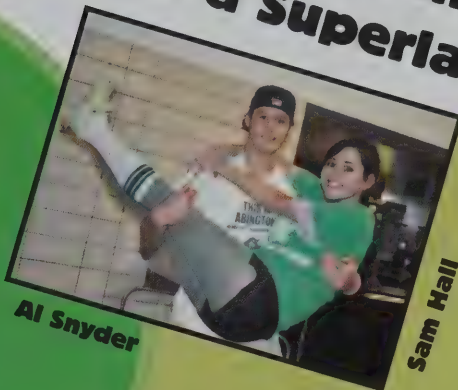
Pops up Everywhere



Tom Carleton

Theresa Franey

Would Do Anything to be in a Superlative



Al Snyder

Sam Hall

Class Hotties



Joe Theodore

Sam Bruining

Worst Car



TJ Brogle

Allison Nagle

Most Artistic



Liz Mollica

Zack Concannon

Most Likely to Be Mistaken for a Freshman



Luke Deyulus

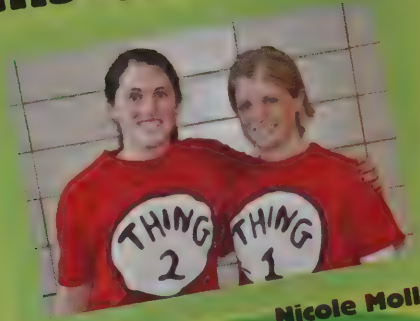
Amanda Moulton

Boy Inseparables



Pat Gabriele
Anthony Canada

Girl Inseparables



Nicole Mollica
Liz Mollica

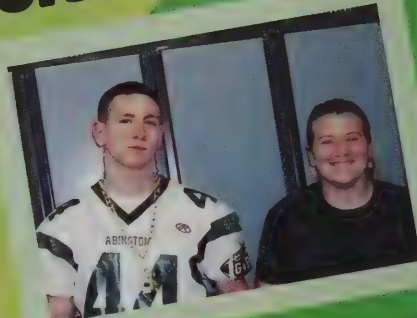
Worst Luck



Ellen Santagati

Jon Dann

Worst Drivers



Keith Faxon
Jill Fagan

Most Likely to Brighten Your Day



Caitlin FitzGerald

Tyler Hitchcock

Most Argumentative



Kalonji Kabongo
and Jill Fagan
with Sara Greenlaw
putting her two cents in

Always Late

Steph Seppala



Mike Decarvalho

Always Making Excuses



Lizzy Mullen

Aaron Parsons

Teacher Student BFF



Anna Lisa Abbatangelo & Mr. Duggan



Tyler Hitchcock & Ms. Dwyer



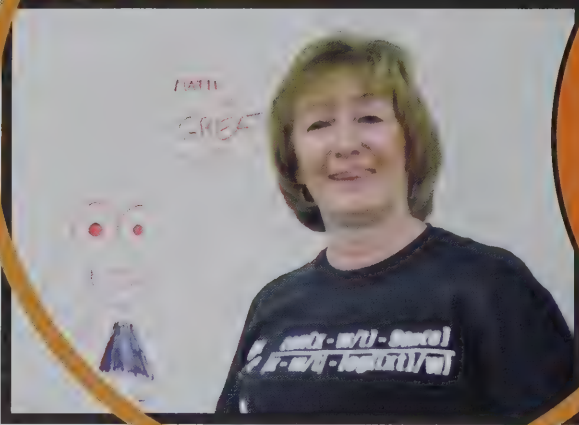
Colleen McLellan & Ms. Kitterick



Mr. Markowski & Emily Jacobs

Teacher

Ms. Rainville



HIGHEST Expectations



Exceptionally Dedicated
Ms. Pflaumer

Ms. Powers **Most** **Energetic**



Best Looking

Mr. McGinness



Superlatives

Most
Parent
like



Ms. Kitterick



Quite Humorous
Mr. Crain



Best Dressed
Ms. McHugh



Señora Ward

¡La Más Colaboradora!
(The Most Helpful)

Best
All
Around

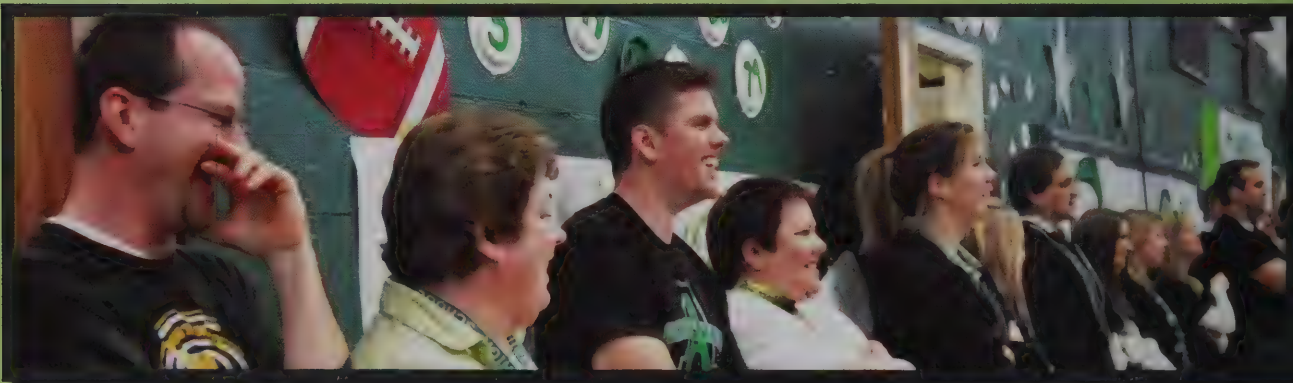
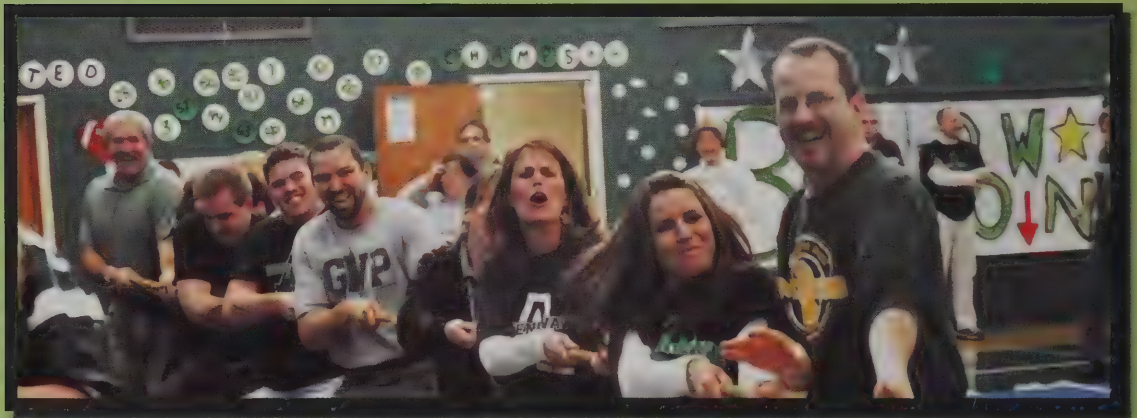


Ms. Dwyer

ENTERING

Since.  2005

Academia

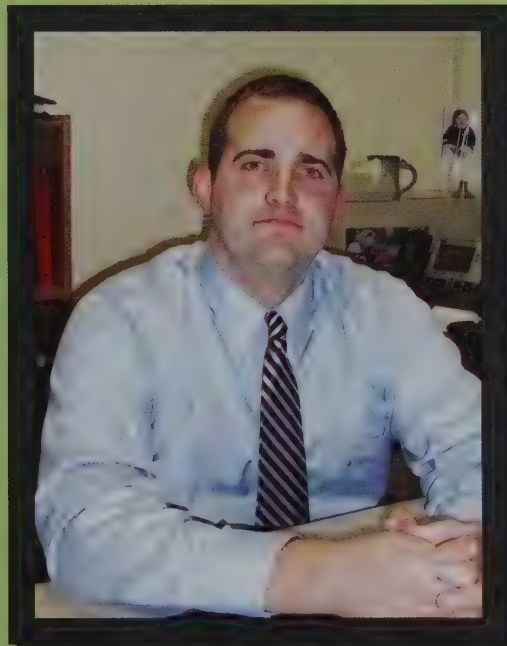


Principal Ms.Sullivan & Assistant Principal Mr. Bourn



Ms. Sullivan became principal just as we entered our freshman year at AHS. Through our years she has been there as a school leader and role model. Her presence and support since 2005 has been influential to our class.

Coming to AHS our sophomore year, Mr. Bourn has been a huge part of our daily lives here at AHS. He's always been there to see us grow academically, support us in school events, and find us when something needs to get done.





Ms. Chiasson (aka Mama T), way more than an ordinary nurse, and Mr. Seigel, the man around school.

Secretaries



Ms. Zakrzewski, Ms. Kelliher, Ms. Potter

The Guidance Department



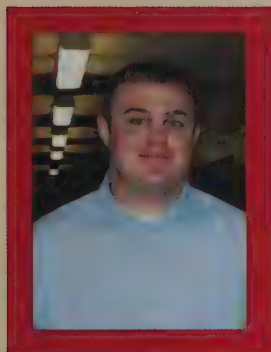
Ms. Ferioli, Ms. O'Brien, Ms. Posk, Ms. Kurzey

The English Department



Ms. McHugh, Dr. Gonsalves, Ms. Clifford, Ms. Pflaumer, Ms. Louko, Mr. Dyer, Mr. Regalbuto

The History Department



Mr. Serino



Mr. Moore, Ms. Kinsman, Ms. Dwyer, Mr. Lanner, Mr. Scott

The Science Department



Mr. Beer, Mr. Crain, Mr. McGinness, Mr. Kitterick, Ms. Powers, Ms. Kelliher, Ms. Salvetti

The Math Department



Ms. Dion



**Ms. Doherty, Ms. Kitterick, Ms. Hynes, Mr. Markowski, Ms. Murphy,
Ms. Gagnon, Ms. Rainville**

The Health and Physical Education Departments



Ms. Daisy



Ms. Daley, Mr. Duggan, Ms. Langer

The Foreign Language Department



Ms. Gillis, Ms. Grabowski, Ms. Fry



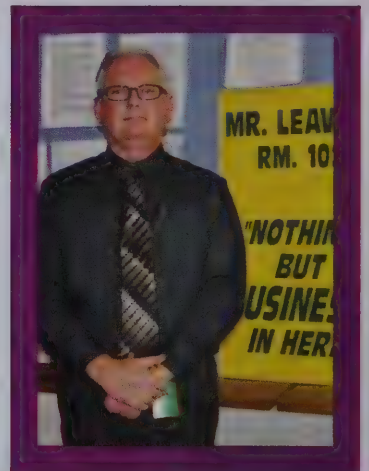
Ms. Ward

The Music Department



Mr. Myers, Ms. Harrington, Mr. Shannon, Mr. Blanchette

The Business Department

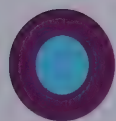


Mr. Leavell

The Art Department



Ms. Goldman, Ms. Lee, Mr. Mahoney



The Special Education Department

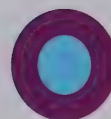


Ms. Goodman



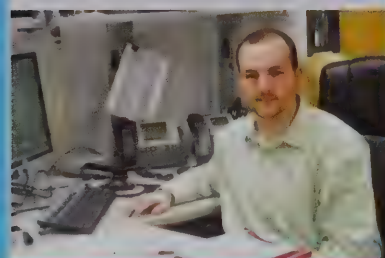
Ms. Fredericks

**Mr. Dorman, Ms. Culbert, Ms. Pearsons, Mr. Jorgensen, Ms. Druthers, Ms. Buckley,
Ms. Rome-Avrus, Ms. Keohane, Ms. Balasco**



Ms. McSharry, Ms. Crowley

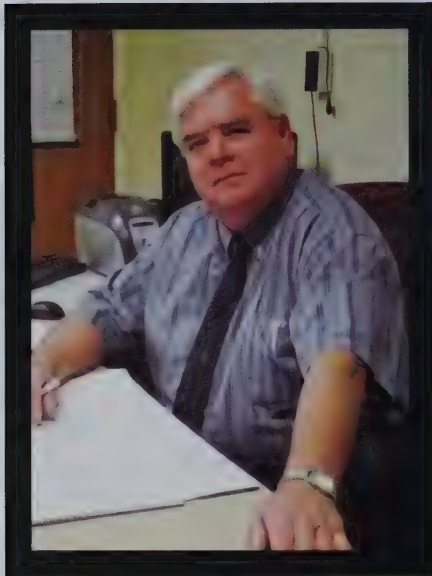
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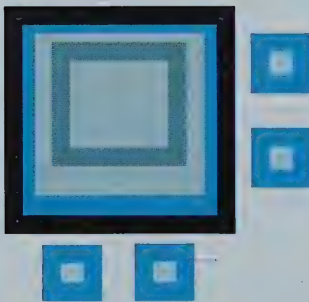
Mr. Russell and Mr. Hyre

**T
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C
H**

Security



Mr. Smith



Custodians



Steve and Rick

Cafeteria Staff



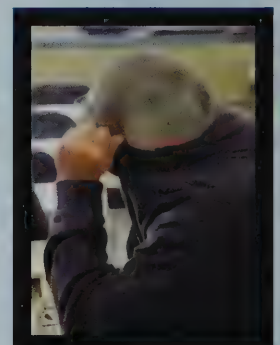
**Subs we
could
always
count on...**



Mr. Perakslis



Mr. McIsaac



Mr. Walsh
a tad bit camera shy



Abington High School

Home of the Greenwave

SPECIAL EVENTS

Prom • Homecoming Game
Car Wash • Senior Activity Day
Clown Day • Family Feud • Mr. AHS
Monster Mash • Band Trip • Pep Rallies
Nature's Classroom • Camp Bournedale
Junior Auction • Spirit Week
Bake Sales • Dances
Abington Pride Day • 8th Grade Semi

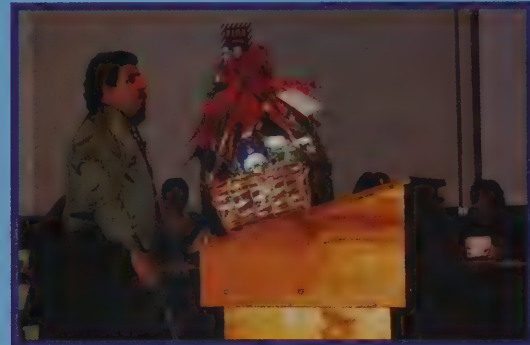
JUNIOR CLASS AUCTION

Friday, December 7, 2007



The Junior Class auction was one of the biggest fundraisers during our four years in high school. For three months, students went to countless families, friends, and businesses, asking them to donate items for the auction. We ended up raising over \$8000, which went towards our junior prom and senior reception.

Our Host of the night



Mr. Russell Fitzgerald



Hilary, Brandon, Sami, Josh, Melissa, Julie



Runners at the Auction

Items that were Sold

- Red Sox tickets
- Celtics tickets
- Bruins tickets
- Pair of UGG boots
- Guitar Hero III
- Holiday baskets
- Gym memberships
- Two iPod Nanos
- Homework passes



The class officers: Tim, Jen, Heathyr, Tram-Anh



Senior Car Wash

...at Bailey's Garage



Mr. AHS



1st runner up

Mr. AHS 2009

Ryan Vantine

Mr. Pond Street

2nd runner up



Richard Woodworth
Mr. North Ave.

James Richards
Mr. Diane Circle



Patrick Manning
Mr. Springwood Drive

Timothy Killian
Mr. Harvest Road





Kristian LaPointe
Mr. Arnold Road



Steven Finn
Mr. Daniel Drive

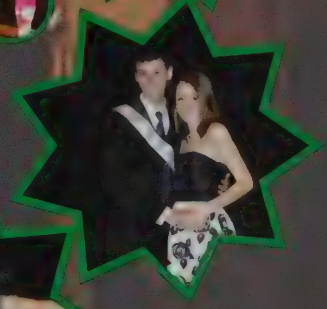


Jake Hamelberg
Mr. Green Street



The 2009 Mr. AHS pageant presented by the National Honor Society came together on February 28, 2009. In the months prior to the event, the members of NHS gathered contestants, practiced talents, acted generously donated by Mr. Tax, and prepared every little detail. Meghan and Anna choreographed a crazy routine for the young gentlemen to perform in their wackiest outfits. The show went off flawlessly with the suave and sophisticated host, Dan Cusick, and his combination of wit, sarcasm, and humor. Mr. "Womanizer" Cusick guided the packed audience through stand-up, burger eating, rhymer, Sadie's Tourist, handmade music, fierce percussion, amazing dancing, funny choreography, and a beautifully dedicated serenade. The contestants answered thought provoking questions like "If you could be any food, what would you be?" or "What is the nicest thing you've ever done?" The esteemed panel of judges deliberated over a difficult decision, but in the end named Mr. James Richards and Mr. Richard "Macaw" Macaworth second and first runner up respectively. Our senior year Mr. Abington High School was the one and only four year contestant in the pageant.

Mr. Ryan "Pond Street" Vantine.





2009

Junior Prom
"A Night in the Garden"

May 2, 2008

Canoe Club West Bridgewater

Prom Court

Brandon Marini

Ashley Jaime

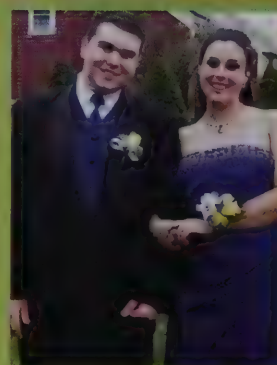
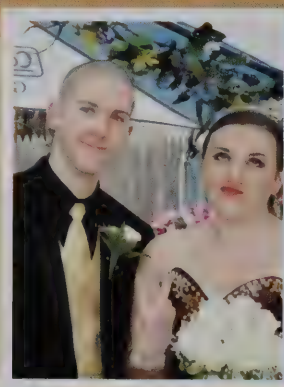
Chris Dion

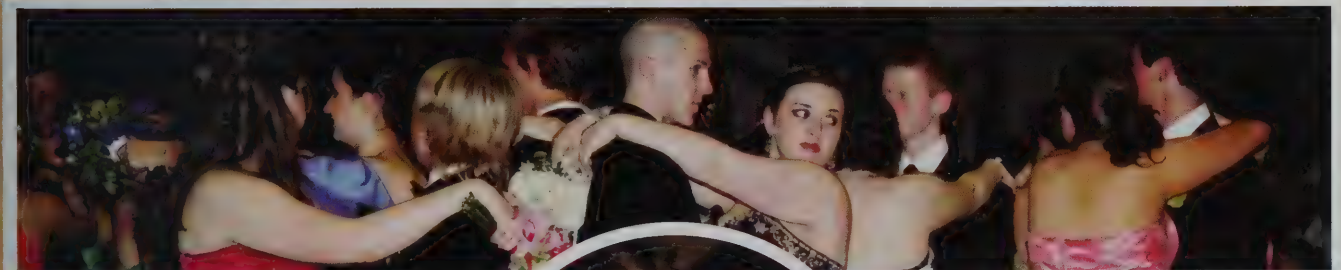
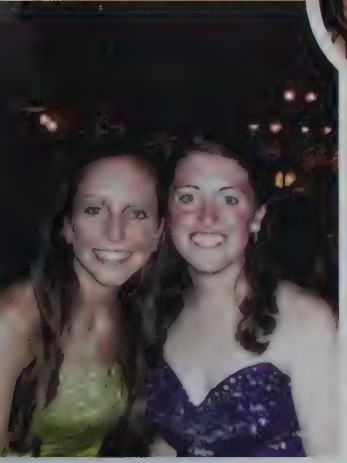
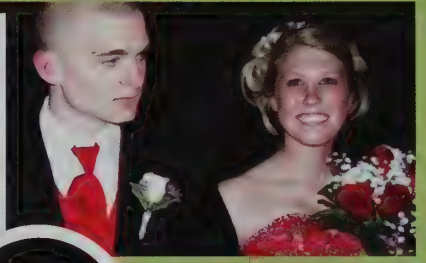
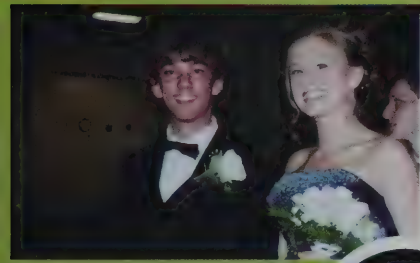
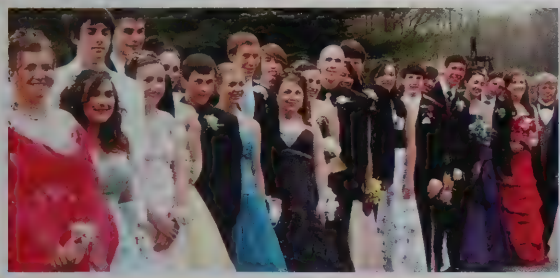
Theresa Franey

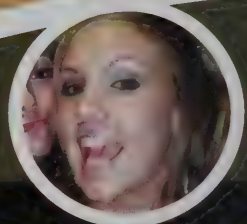
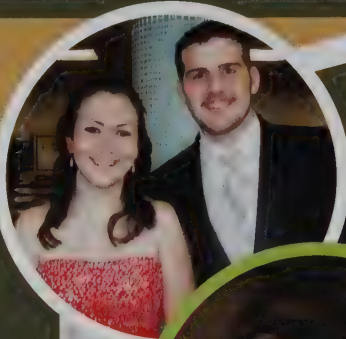
Dan Pasquale

Sam Hall

King Tyler Hitchcock
Queen Jillian Smith











SENIOR SPIRIT DAY



Winners of Frozen T-Shirt contest: Sara G., Sam H., Sam B., and Lauryl D.



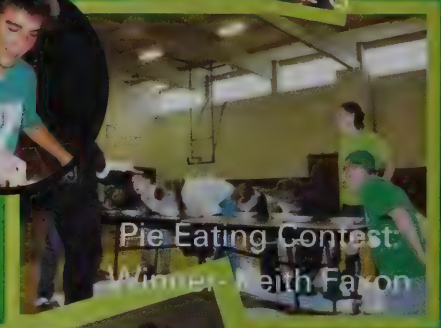
Balloon Pop Contest Winner: Ruehl M.



Winners: Pat L., Anna A., Joe Casey, Brittany P., Pat G., T.J. Brogle, and J. J.



Donut on a String winner: Pat Manning



Pie Eating Contest Winner: Keith Faron

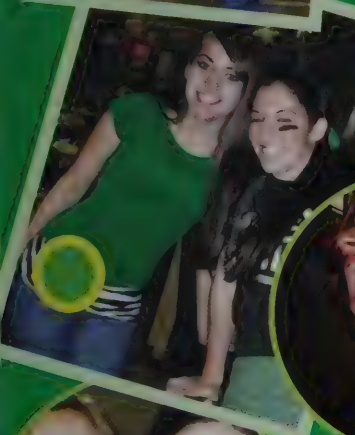


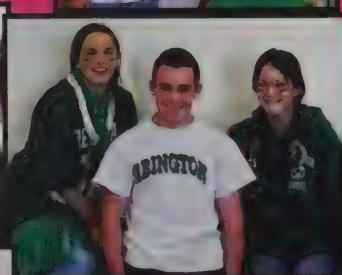
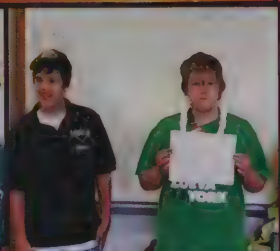
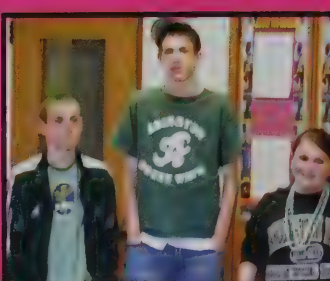
Winner of "Dress a boy as a girl" contest: Steve Foster



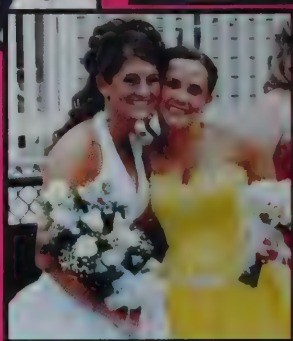
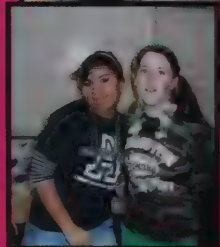
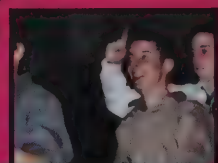
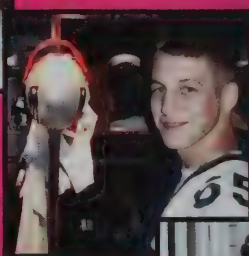
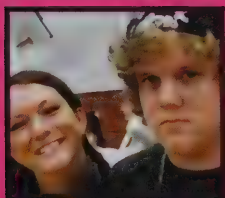
Winners of Candy Corn Relay: Jared O'Brien & Tom Chambers

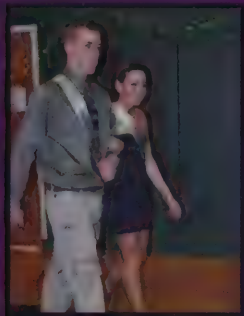
Definition: Senior Spirit Day - fun, silliness, teamwork, messy, laughter inducing. The class officers put together a fabulously spirited event. The day was packed with challenging competitions - from trying to eat a donut-on-a-string to the tug-of-war contest, from the balloon popping to the candy corn relay - our skills were tested. Everyone had a ball. And yes, seeing boys being dressed as girls was quite the sight. They stole the show!





From then to ... Now





HOMECOMING COURT 2008



Ryan Vantine
Heather Ward

Brian Kurowski
Theresa Franey

Tyler Hitchcock
Sam Bruning

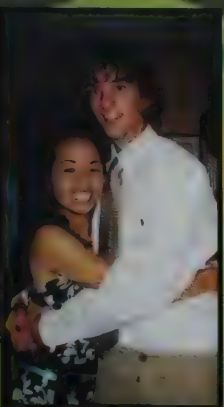
Chris Dion
Caitlin FitzGerald

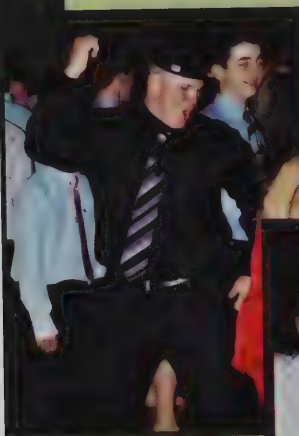
Tim Killian
Anna-Lisa Abbatangelo



Homecoming and Spirit of the Past...





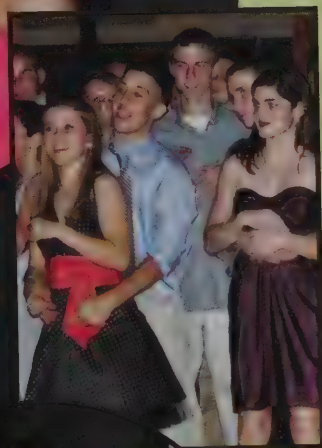




Homecoming Dance 2008



November 7, 2008



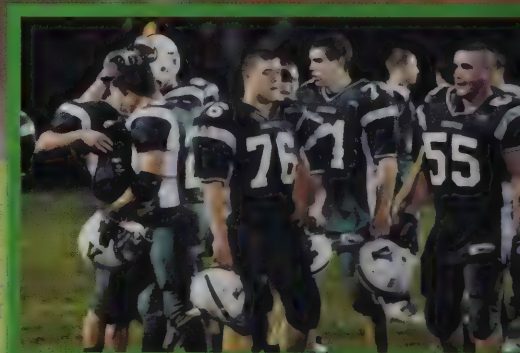
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SUPER BOWL
2002 2005





CHAMPIONS

GUEST



Thanksgiving Pep Rally

NO ONE IN THE COUNTRY CAN
SWAGGA
LIKE US

WHEN WE ARRIVE.
WE BRING FIRE

105 DAYS
AND....
AHS COUNTING

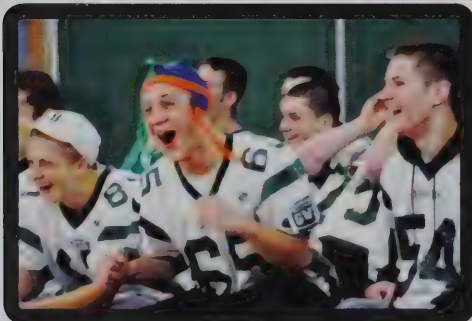
Senior
Wall

BOW DOWN ★

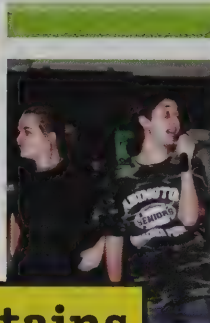
POWDERPUNK
Why so
Scared? ←
WE ARE STILL
100% WHITE
MEAT!!!



Football Players



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Some of Our Captains



*M.C's Emily LeBlanc
& James Richards*



SPIRIT



GAMES



Senior Skit



FAMILY FEUD

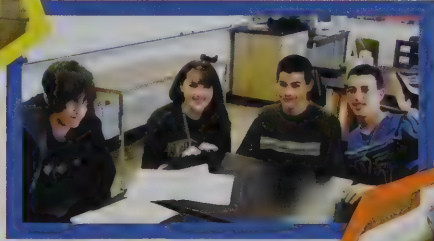
Our Winning Family: The UFO's



Ms. Daley, Mr. Serino, Ms. Chalson,
Mr. Markowski, Mr. Scott



The yearbook staff proudly presented Abington High School's first annual Family Feud game show on January 22nd, 2009. There was a mix of 10 "families" - students, teachers, and one of actual blood relations - but mostly the "families" just wore matching outfits. Our very own Mr. "Idol of American Youth" Blanchette hosted a great game. Prior to the event, teachers and students at AHS were polled with questions like "What is Abington known for?" or "Top five music videos of 2008". Ms. Rome-Avrus tallied the responses and kept everything top secret until the show. With plenty of root beer floats & baked goods to go around, plus a crazy set of questions (and answers), everyone had fun!



← Work

This yearbook committee was composed of hardworking students, who slaved to put together this stellar yearbook. Though few in number, they succeeded in doing an army's amount of work! Their long hours consisted of eating candy, dreading over deadlines, stressing over getting ads, pining for pizza, and choosing from the thousands of fonts and colors for just a tiny dot on a page.

Travel →

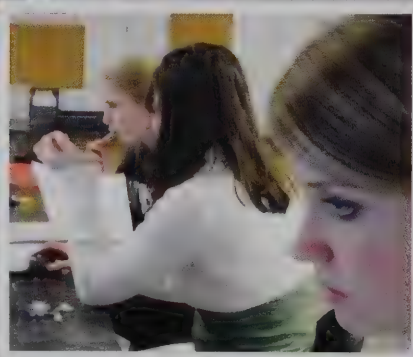
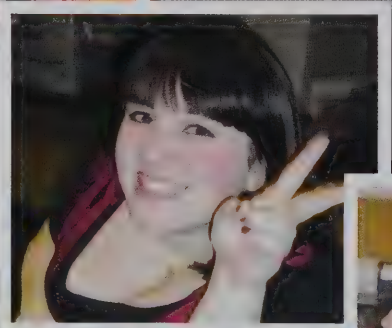
The yearbook is the class of 2009's 'Bible'. The esteemed advisor, Ms. Homer Avrus, became crazy enough to even consider the possibility doing this project again next year. Two of the worker bees, Kevin and Liz, are actually in a coma right now due to excessive amount of work they did for this yearbook and to the end it was worth it.

← College



Jill gave it her best no matter what the task.

As Editor-in-Chief, Senior Department, Meghann was always smiling.



Just because he's the Managing Editor-in-Chief, Kevin thinks he's earned a break?!?



Freshmen Cassi & Alaina were eager to help out - from layouts to bake sale.

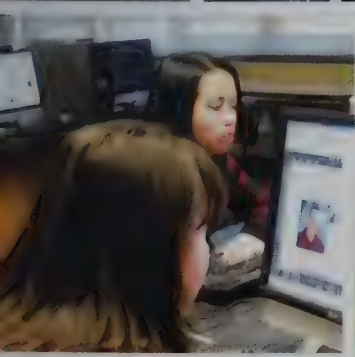


Putting together the yearbook takes a lot more work than any of the students ever imaged. Creating a quality yearbook goes way beyond just taking good pictures, as this year's staff discovered! A well-rounded staff includes people who have good editing skills - to catch other people's mistakes - as well as good writers with that journalistic or creative edge. Then there are the people who do the layout designs, and those that are meticulous organizers making sure we don't miss anything or anyone! Plus every staff needs business-minded people to work on ad sales and fundraisers. Producing a yearbook is definitely a team effort. The following is a list of the many staffers, each who helped in their own way - energy levels varied as did the amount of commitment - but each had something to offer to this final testament - Your Senior Yearbook.

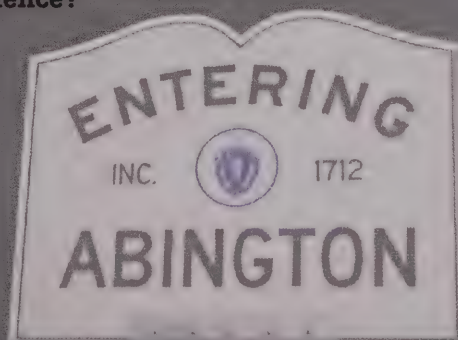
Kevin McNamara, Meghan Hickey, Lisa Mollica, Tram Anh Nguyen, Emily LeBlanc, Nicole Mollica, Isabel Guejio, Sami Sandanato, Melissa Catalano, Bryan Donovan, Anna-Lisa Abbaticchio, Julie Lawrence, Hilary Dillon, Ellen Santagati, Jen Whalen, Jill Fagan, Cassi Welch, Elaine Barry, and Ms. Rome-Avrus (Advisor)



Great minds think alike or is it just a coincidence?



BFF Advisor and Editor



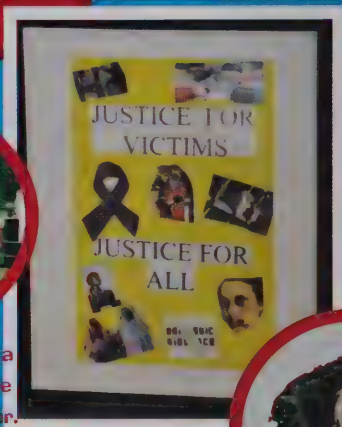
Whether hyper-focused, or craving too much candy, or just being plain silly, Design Editor Liz kept everyone laughing.

S.A.D.D.

Students Against Destructive Decisions rebuilt itself in the 06-07 school year. Under the watch of adviser Ms. Chiasson, President Emily LeBlanc and Secretary Kevin McNamee the AHS student body has become less destructive. Events like the White Ribbon Campaign, and guest speakers have influenced the school to be more positive in the past few years.



SADD members watch as a great dad takes a pie in the face from his own daughter.



Ms. Murphy is ready to take the next pie.



Oh No Mr. Scott! What happened?



Senora Ward was taking it like a champ!



Peer Leaders

The peer leaders at Abington High School are constantly involved with the school and community. From painting murals at the nursing home to participating in the Walk for Breast Cancer in Boston, the peer leaders are always willing to lend a helping hand to those in need.



S.A.M.

Student Art Magazine is all about student self expression. Each year the members of S.A.M. publish an artistic array of poems, short stories, essays, and artwork. In our senior year, the club branched out into all forms of expressions and put out a CD of creative musical compositions. The magazine is a great way for the students to be creative and artistic.



Greenwave Gazette

The Greenwave Gazette has been providing AHS and online readers with news about the school community for years. Under advisers Ms. Pflaumer and Ms. Pearsons, members met weekly to discuss, write, edit, and plan articles for each monthly issue. This club has been a great outlet for students yearning to get published and be noted for their achievements in journalism.



Student Council



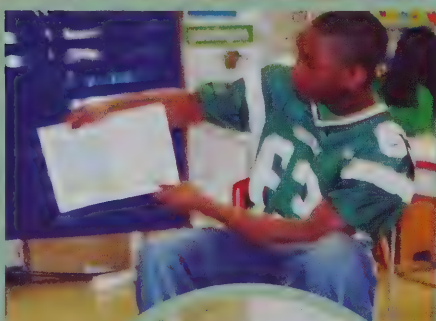
Senior Officers



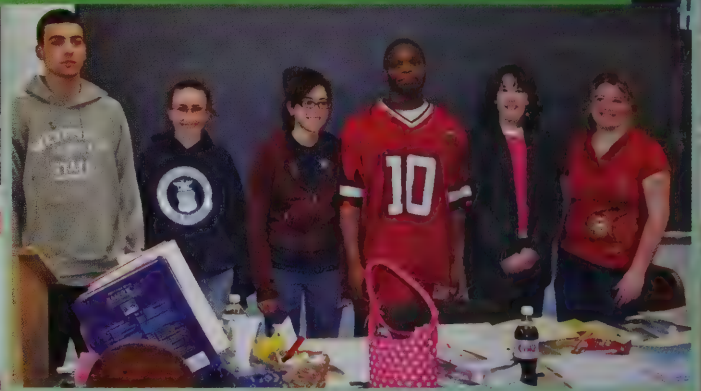
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The 08-09 school year's student council was focused beyond the AHS student body, but on world issues as well. They held their annual blood drives, and did fundraisers at school. The council, advised by Ms. Kinsman, had five seniors members who included, Nicole Mollica (President), Caitlin FitzGerald (Vice President), Hilary Dillon (Secretary), and Liz Mollica (Treasurer) and Meghann Hickey (dedicated lifetime member).

Tomorrow's Teachers



K
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Tomorrow's Teachers, led by Ms. Dwyer, gives future educators a great chance to learn some teaching techniques. These students got first-hand experience being the teachers, going on field trips to the Early Childhood Center and using free periods to help Ms. Dwyer while learning what goes on behind the scenes as a teacher.

S
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50 MPH

Life
Big c
all
you c

TEACHERS

You

International/HYI Club

The International/HYI Club has been providing the AHS community with cultural knowledge and positive influence for several years. Ms. Culbert, the club's adviser, along with the members have been able to host events such as "International Week", not only for AHS, but also other schools in town. The group has also sponsored "Holly Folly" around the holidays and each year students volunteer at a local cancer fund-raising walk.



Marie Chatelain, Ms. Culbert, Kaitlyn Foulds, Amy Galvin, Joelle Paolino, Katie Shepard, Emily LeBlanc

Co-Op Program

The Co-Op Program is synonymous with the Greenwave Café. Students in this program have been able to feed the hungry of AHS. Under the direction and organization of Mrs. Kohane & Ms. Balasco, students of this SPED Program could satisfy any appetite. During periods one and two, the café was open to all those who chose to venture in. Greeted by friendly faces, students and faculty could choose the famous cinnamon roll or place an order for other treats and have it delivered in just minutes. There was nothing like relaxing in the café to start the morning. Students also worked throughout the morning to prepare faculty lunches.



Math Team

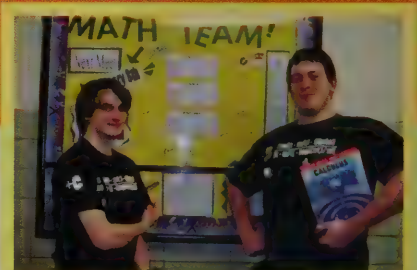
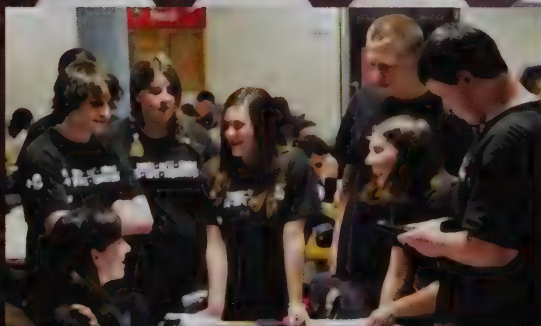


Mrs. Rainville challenges the team in preparation for intense competition at the meets.

TABLE F5
GRAPH



The math team is made up of many students from every grade. The members attend five meets and practices throughout the year. The math team is not only extremely competitive, but creative as well. Students always enjoy trying to understand the mathematical slogans on their team t-shirts and hearing the results of the meets.

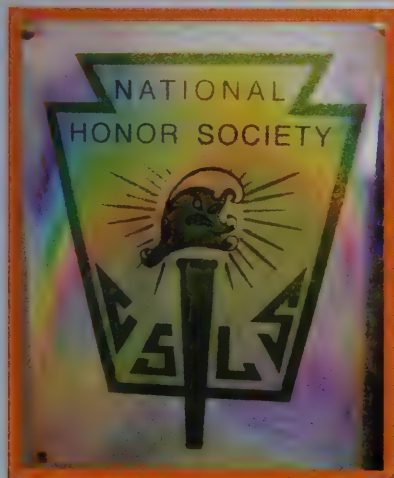


Pat and Ben lead the team as the seniors and co-captains.

National Honor Society



Beth, Dan, Meghann, and Stephanie pose for proud parent photographers



Tim, Anna, and Catilin celebrate their prestigious induction

The National Honor Society of Abington High School is an exclusive group for both juniors and seniors. The senior class proudly has more than 20 members, and is advised by Ms. McHugh. The members must uphold the values of scholarship, character, service, and leadership. To be a member in good standing, you must have proof of at least 40 hours of community service per year plus be present at many community events and maintain a GPA of a 3.3. Each year, eligible juniors and seniors submit a portfolio outlining their community service and leadership experience. Students who join NHS do so with the hopes that they will become successful citizens in society

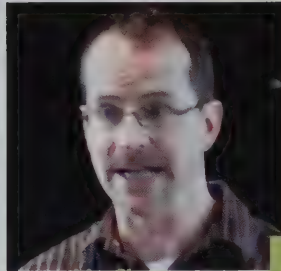
'05 - '06:
Clue &
Hello Dolly!

'06 - '07:
Shakespeare &
Once Upon a Mattress

'07 - '08:
Little Women &
Bye Bye Birdie

'08 - '09:
A Patchwork of Short
Plays &
Footloose

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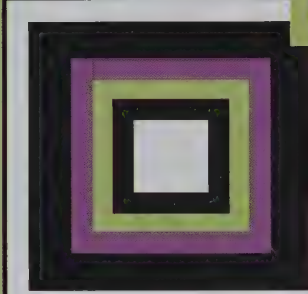


Mr. Shannon



Ms. Chlasser

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The show's first act was "1-800" a hilarious skit. The two amazing actors, John Lynch and Sam Hall, worked well together despite Sam being only a voice on the telephone. The next skit, "Tollbooth" got a laugh-a-minute from witty characters collecting tolls and, sure enough, oblivious drivers clueless to what the toll-taker was up to. Next was "Hopeless Hamlet" with Evan Baxter starring as the lead of a high-school version of Hamlet. But with an unprepared and foolhardy cast they all had to wonder . . . "To be or not to be!" The final act of the night was "How to Make an American Teenage Quilt." This skit focused on the hardships of your typical teenage life such as dealing with bullies, divorces and depression. It was a skit that drove the feelings straight to your heart.

A Patchwork of Short Plays:

1-800
by Joseph Sorrentino
Tollbooth
by Janice Fronczak
Hopeless Hamlet
by Wade Bradford
How to Make an American
Teenage Quilt
by Tom Arers



PATCHWORK



"I get nervous about my own performance, not anyone else's." - Lizzy Mullen

ACTORS

"It always turns out to be a great day before, and even if we forget things, we are all good at ad-libbing." - Leah Merrill



Dave Gambon & Chris McDonnell



Dan Pasquale & Melissa Peters

STAGE CROW

From an outsiders view, Drama is just a couple of nights of entertainment; but there is so much more to it. Having been both a cast member, and a member of the stage crew, I've got first-hand experience. Long before the show nights, we practice for about two and a half months. Crew, while not the glamorous spotlight, is sometimes better, for we get to see everyone at their best, and worst, and see them come together as a cast. We've got people from every social group, and for a few months we are all equal in each others eyes, trying to put together the best show we possibly can. I'll miss all this when I'm gone, I know, but I also know drama has changed me for the better and I hope it has done the same for all the rest of the people I now call friends. - Jill Fagan

ART

&

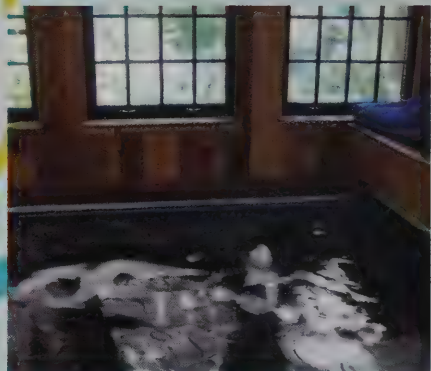
POEMS



Sara Greenlaw



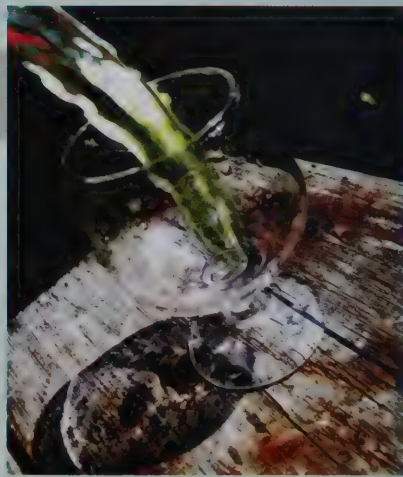
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Katie Mullin



Liz Mollica



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Zack Concannon



Bryan Donovan

Perfect Poetry

Poetry is a way to express yourself
You can never be wrong unless you're one who shys away
From what you feel for very long
And even then it is not bad
It may just make your reader sad
because the speaker always had their emotions under control

Sara Oakley

Courtney Flemming

Poetry
Poetry a way to express one's feelings a best friend that listens to your opinions the versus tell a story of significant events and happens to be a beautiful art for everyone to start

Chelcie

Poetry is a way to express my feelings.
It is an easy way to get my anger out.
When I write poetry I feel like a weight has been lifted.
But sometimes I hardly know what I am going to write about.
Poetry is a beautiful peaceful song sometimes my mind just sings along.
It makes me imagine the unimaginable and takes my mind to places I never thought it could go...

Hanley



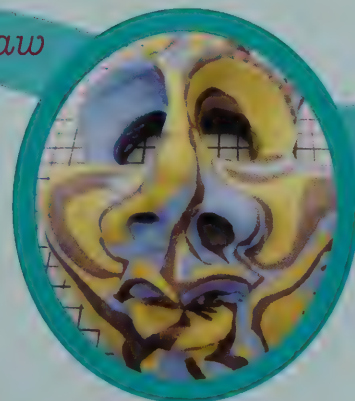
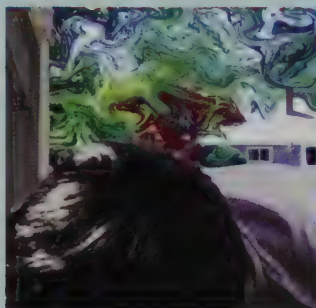
Joe Casey



Tyler Hitchcock

Sara Greenlaw

Ben Mitchell



SPORTS ST

CLUB

DR



Marching Band



The AHS gold medal marching band has been hitting all the right notes. Under the former instruction of Miss Harrington and current instruction of the funk master, Mr. "GBA" Blanchette, they spied, dared, jived, and boogied. From band camp to band competitions, the band worked hard and had fun. The Green Wave musicians pleased the crowds at the home games by playing all the favorites and specializing in "Go Green Wave". These talented troubadours traveled far and wide and even marched around the world at EPCOT. One thing is for certain, the "maaaching" band will play that funky music until they die.

Lizzy "Killah" Mullen
Meghann "Freckle" Hickey
Emily "Stallion" Jacobs
Beth "BS" Spallino
Katie "Bus Driver" Mullin



Steve "Pimp" Akins
Stephen "Loverboy" Sullivan
Rob "Drillmaster" Sims
Pat "Mars" Manning

Seniors

Colorguard



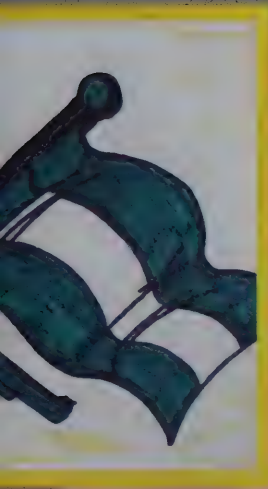
Senior Spotlight



*Captain Stephanie "Frenchie" Hall
Amy "Hoover" Galvin
Jill "Faganator" Fagan*

A marching band is just a moving orchestra without the choreography and carriage of the Colorguard. These performers traveled with the marching band as spies, Spanish dancers, pink ladies, and hippies. They worked under the cumulative four year instruction of Mr. Markowski, Mr. Lefebvre, Ms. Villani, Ms. Chiodi, Ms. Nickerson, and Ms. LoPorto. Armed not only with a full supply of hairspray and makeup at every competition, the Colorguard was armed and trained with flags, silks, swing flags, rifles, and sabras. The Guard put on their shows in all weather conditions; wind and torrential downpours did not stop this group from trying their hardest. The Abington Greenwave Colorguard kept movin' to the groovin' of their musical companions on their way to NESBA gold medals.





When the leaves are gone and winter arrives, the Colorguard members step indoors and into the competitive spotlight. The Abington High School Greenwave Winterguard is made up of almost all the same members of the Colorguard joined by seasonal members and marching band members who trade in their bibbers and instruments for rifles and swing flags. They've shaken like Shakira, flown like birds, seen the end of the world, and exploded into the NESBA competitions during their four years. Under the direction of the same coaches as the Colorguard, they've perfected their tosses without the variable of weather conditions and increased the difficulty of their choreography on the marked up mat, transported and folded with the help of the mat crew. The Greenwave Winterguard has no problem rising to the challenge of fierce, explosive competition.

Winterguard



Senior Spotlight



Amy Galvin



Stephanie Hall

Rob Sims



Core Four

Emily Jacobs



Marie Chatelain



Meghann Hickey



Co-Captains:
Stephanie Hall & Amy Galvin





SPORTS

GOLF



**Shane Doyle, Tom Carleton, Corey Donlan, Alec Long
Jono Rogiers, Max Suarez, Zack Concannon, Ben Pignone**

The Greenwave Golf Team impressed its fans and the school during the 2008 season. The team was able to win quite a few matches with Captains Zack Concannon and Alec Long, and Coach Mr. Tim Hill on board. Two members of the team, senior Max Suarez and junior Corey Donlan were named South Shore League All Stars. This season was also the first time in 33 years the team qualified for the tournament.



TOM



JONO



CAPT.

ALEC



CAPT.

ZACK

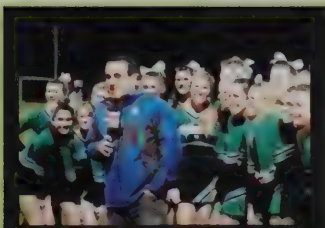


MAX

**Senior
Spotlight**

F
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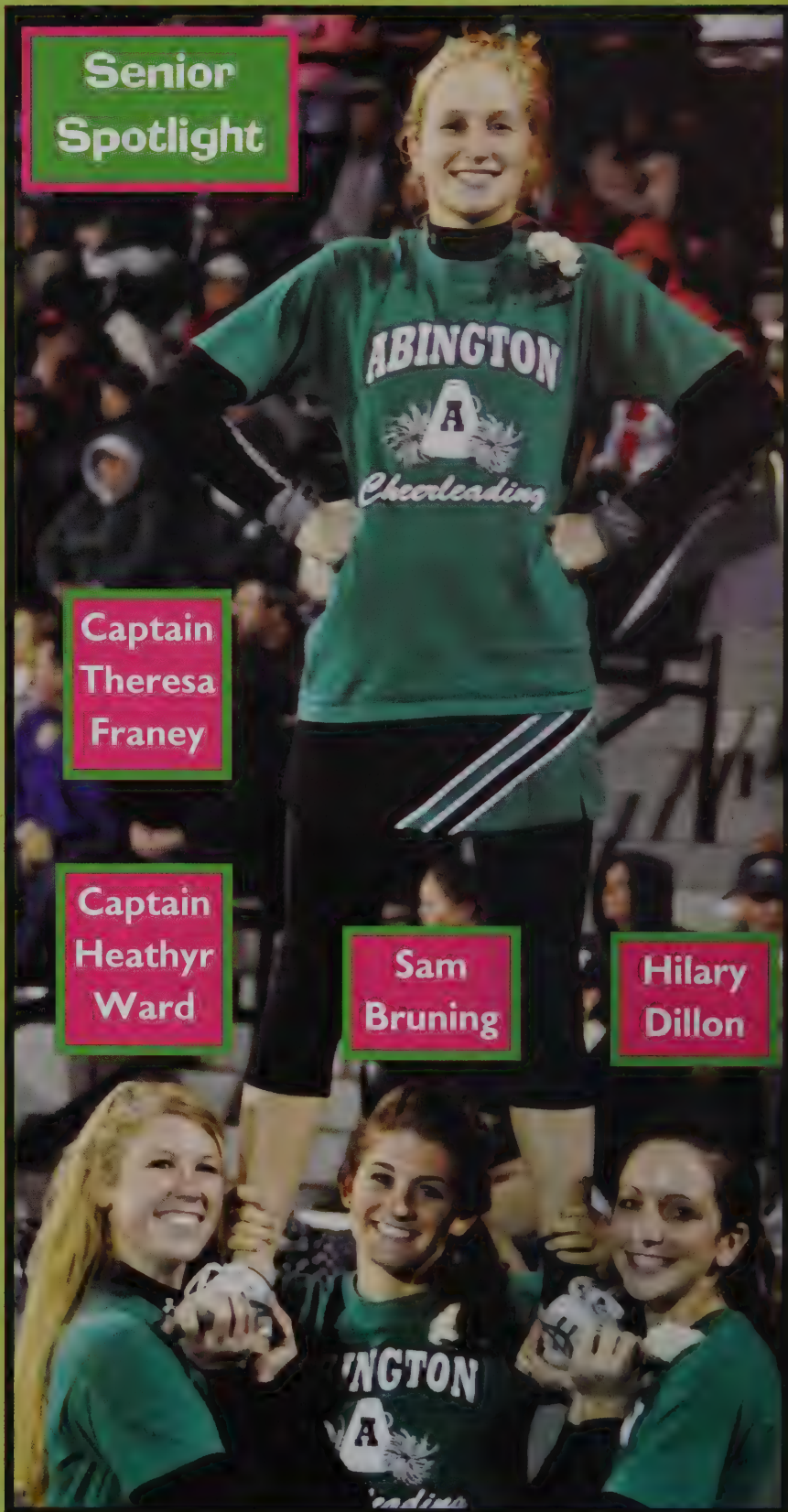
Senior
Spotlight

Captain
Theresa
Franey

Captain
Heathyr
Ward

Sam
Bruning

Hilary
Dillon





Top: Amber Dickinson, Noelle DeGrenier, Molly Kelley, Pam Woods, Taylor Ward,
 Michaila LeSage, Sam Dowd, Steph Collitti
 Bottom: Mikayla Giannini, Kim Cutter, Alessandra Fisher, Sam Bruning, Hilary Dillon,
 Lauren DiFazio, Deanna Moore, Jen Esau
 Sitting: Theresa Franey, Heathyr Ward



The Cheerleading Squad had an excellent season. Although they did not make it to regionals, this very young group came together as a team, improving their routines throughout the season. Captains Theresa Franey and Heathyr Ward, with help from seniors Hilary Dillon and Sam Bruning, kept the squad in sync. A highlight of their senior year was being featured on Fox25's High School Friday with the football team!

Senior Spotlight

Football South Shore League Champions 05-06-07-08

captains

57

63

3

7

20

28

31

40

44

54

66

65

80

79

85

82

87

#57 Tim O'Brien

#63 Kalonji Kabongo

#3 Steve Perakslis

#7 Tyler Hitchcock

#20 Pat Gabriele

#28 Steve Foster

#31 Anthony Canada

#40 Pat Iacobucci

#44 Keith Faxon

#54 Jon Dann

#65 Joe Theodore

#66 Nick Lueck

#79 Sean Martin

#80 Bobby Dillon

#82 Chris Dion

#85 Larry Francis

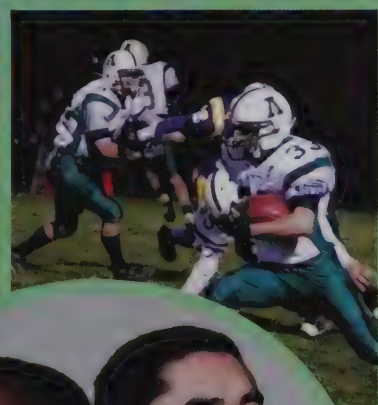
#87 Aaron Parsons



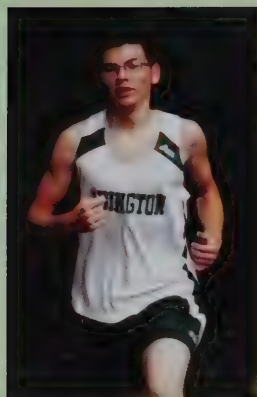
Our years at AHS have been filled with success from our football team. Since our freshman year in 2005, the team has taken the South Shore League Champion title each year, and in that year even won the Superbowl. With guidance from head Coach Kelliher, Mr. Reilly, Ms. Daily, Mr. McIsaac, Mr. Chirokas and Mr. Poulin the team has reached some great goals.



In the 2008 season, Captains Kalonji Kabongo and Tim O'Brien, along with the rest of the team accomplished another undefeated season, and were even featured on Fox25's High School Friday in the "Game of the Unfeateads" against Mashpee. All of the team's hard work and dedication brought the team very far and they never lost a game at home in all of our four years at AHS.



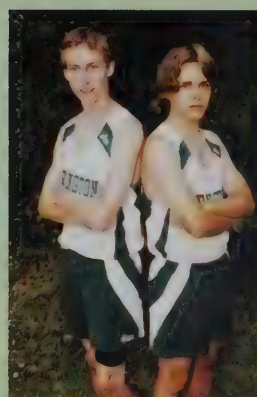
Cross Country



Stewart



Ryan and Nick



Captains Tom and Eric



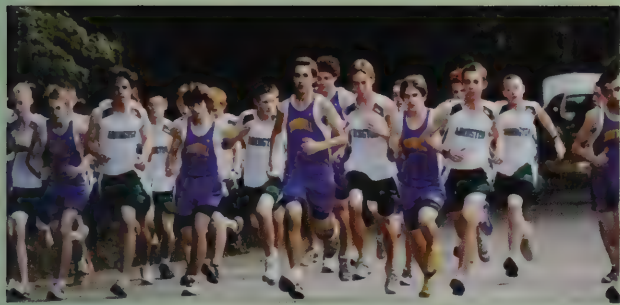
John

Under the leadership of Coach Duggan and senior captains Eric Lee and Tom Chambers, the 2008 Boys Cross Country Team was able to have one of their best seasons in recent history. With Duggan's undeniable intelligence, Lee's wise experience, Chamber's fierce courage, Ouslick's gutsy tenacity, McDonnell's bold perseverance, and O'Brien's immeasurable amount of energy, the team was propelled to success.

On the girls side, Jill Smith capped off her legendary career by wreaking havoc on the South Shore League with five first place dustmeet finishes.

The future bodes well for both teams as Maaghari Hurley, Erin O'Brien, Kristen Lee, Liz Morgan, Brenden Whalen, Mike Mulligan, Eric Magnussen, and League All-Star John McKeon seek to continue this long running tradition.





Senior Spotlight

Joshua Decker



Captain
Jill Smith



David Mullen



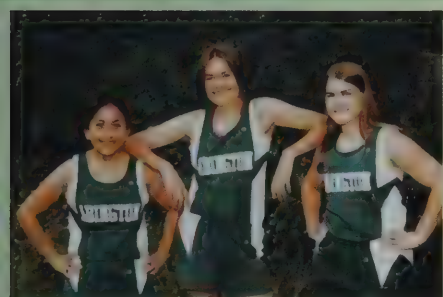
Captain
Tom Chambers



Chris McConnel



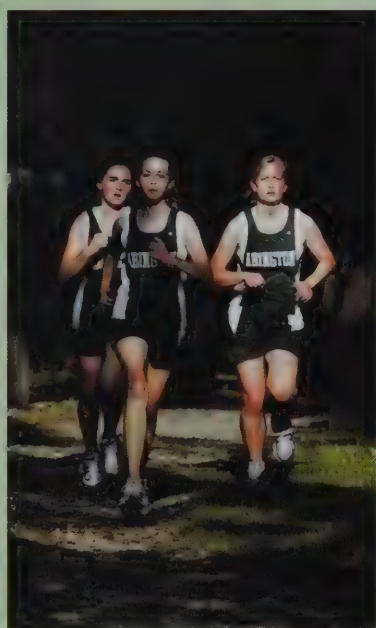
Captain
Eric Lee



Lee Nee, Jill Smith and Emily Brown



Chris McConnel and David Mullen



Lee Mullen, Mollie Mullen and Emily Lee

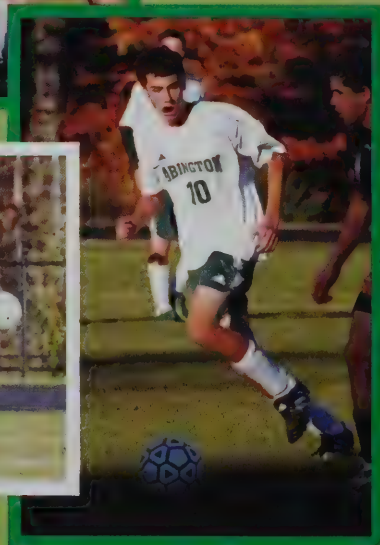


Senior Dan Jones and Chris



BOYS SOCCER

The Boys' Varsity Soccer team had a total of 10 seniors. Leading the way were Captains Brian Kurowski, Brandon Marini, and Tim Killian. In Coach Howie's second year as coach, he worked hard with the boys to improve their game. A difficult season with injuries lead to a 2-13-2 season. Their best win was a 7-0 shut out against Hull at their home night game.



Memories:

"Put me in coach, I'm getting scouted"

-Rob Anderson

"Guys, he's trying to score"

-Rich Woodworth

"Your mom wears combat boots"

-Coach Howie



Dave Gambon



Ryan Vantine



Rich Woodworth



TJ Brogle



Brandon Marini



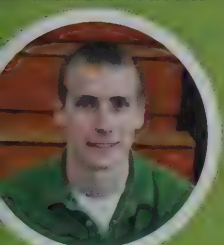
Tim Killian



Brian Kurowski

captains

Senior Spotlight



Bryan Donovan



Alex Snyder



Dan Pasquale





Girls Soccer



The Girls Soccer Team enjoyed an interesting season combining a young team and their new coach Ms. Gagnon. Anna Lisa Abbatangelo and Kelsea Cheney made great Captains, keeping the team focused and working hard while having fun. Seniors Julie Lawrence and Kelsea Cheney were awarded "All League Scholastics". The most memorable win of the season was an away game against Carver. Early in the game, Lauren Marella scored a goal; The Greenwave was able to hold on to their lead for the entire game, winning with that solo goal, 1-0.

Memorable Moments: Handstand contests at practice (and on game day); when Mr. D gave them purple Gatorade; always tagging Bridget Wakelin when we had to run; and Anna Lisa yelling "Step Away from the Blue" in the middle of the game, then everyone laughing.

Senior Spotlight

Captains

Anna Lisa

Kelsea



Sara



Sami



Ashley

Julie

Allyson

Liz



Senior Spotlight



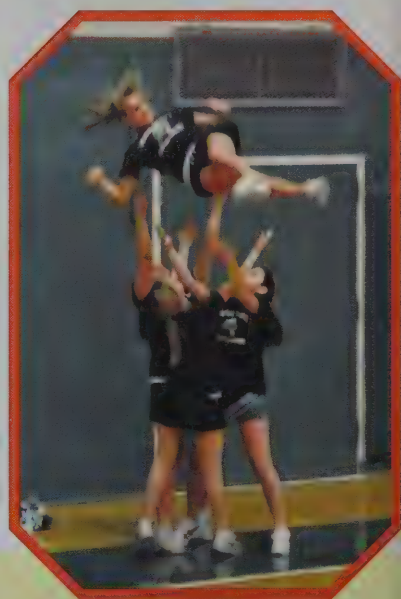
Hilary Dillon



Capt. Theresa Franey



Capt. Heathyr Ward



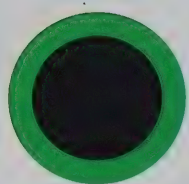
Winter Cheerleading

AHS cheerleaders have spirit, enthusiasm, cheer and so much more. Many of the ladies are back from Fall Cheerleading to keep the momentum going for the boys basketball team. Captains Theresa Franey and Heathyr Ward led a squad of familiar faces plus a few new members along with the help of Coach Trisha Hitchcock. When they cheer at the games, they always bring back the infamous old school "We Got Spirit" chant. Winter cheerleading is about more than just the games. Coach Hitchcock and the squad were very focused on competitions with other area high schools. It's hasn't been just about the winning; the girls love to compete and love being challenged to do their best.

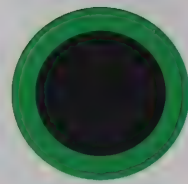


Captains
Heathyr Ward &
Theresa Franey



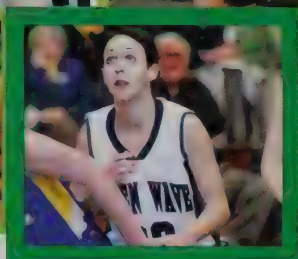


LADY WAVES BASKETBALL



Top: Coach Moore, Kristen Reynolds, Kelsey Southerland, Taylor Darnetko, Brittany Ezzell, Abby Hass, Allison Griggs, Emily Lyons, Assistant Kristen Dano

Bottom: Bridget Wakelin, Capt. Kelsea Cheney, Capt. Allyson Nagle, Lauren Marella, Melissa DeCarli



The Lady Waves...

...had a great year during the 2008-2009 season. Always playing with 100% effort, the girls fought their way through the South Shore League. The girls always worked well with one another, played their hearts out, and simply had a lot of fun throughout the season. Big victories were played against Harwich and Mashpee.

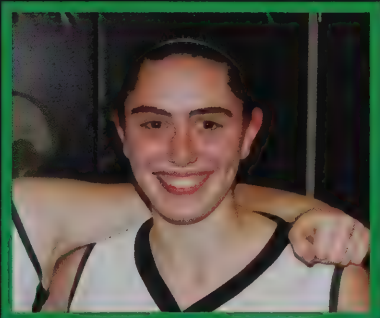
In one of the most memorable games for our seniors, the Lady Waves were able to defeat the Cohasset Skippers, who had beaten every other team in the South Shore League in the 2007-2008 season.

The senior captains, Kelsea Cheney and Allyson Nagle, along with senior Kelsey Southerland have had successful careers over the past four years as Lady Waves, and their presence will be surely missed next year. Special thanks to the team manager Kristen Dano.

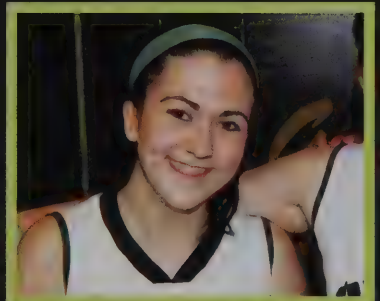
Senior Spotlight



Captain Kelsea Cheney



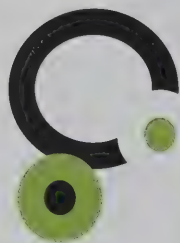
Captain Allyson Nagle



Kelsey Southerland



Boys' Varsity Basketball



B.Kurowski
K.LaPointe
C.Tighe

Captains



Top: Mr. Serino, Coach Beatrice, Billy Caseley, Sean Lawton, Ryan Chambers,
Greg Cronin, Rob Cornish, Coach Byron, Mr. Madden,
Bottom: Corey Donlan, Max Suarez, Brian Kurowski, Kristian LaPointe,
Chris Tighe, Tim Killian, Damien Wilson



Led by senior captains Brian Kurowski & Chris Tighe and junior captain Kristian LaPointe, the 2008-2009 season proved to be one of the best. The Green Wave boys' basketball team averaged over 60 points per game, with strong performances by all.

After defeating opponent after opponent in the South Shore League, the boys successfully qualified for the post-season once again. Of course, the team was always greeted with loud support from the rowdy Green Wave Superfans. The boys have won the annual Keough Tournament in Holliston throughout the past four years, and also hosted the Shawn P. Cotter tournament every year.

Tim Killian

Brian Kurowski

Chris Tighe

Max Suarez



Senior
Spotlight



#33 Kristian LaPointe embraces JV Coach/Varsity Asst. Coach Beatrice after a great win.



#12 Damien Wilson brings the ball up the court.



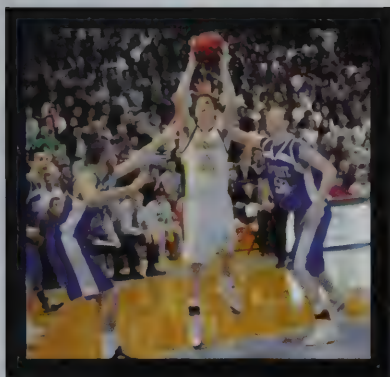
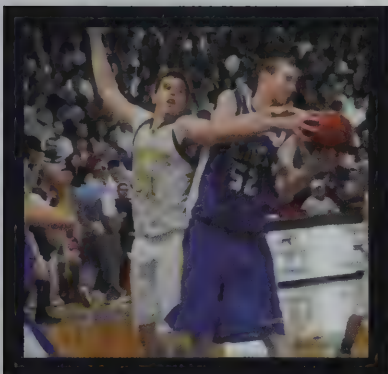
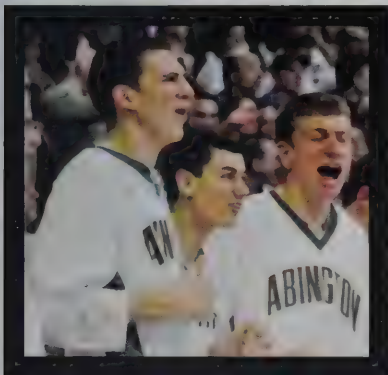
Did we mention Green Wave Super Fans are CRAZY?!

Let's get a little bit rowdy!



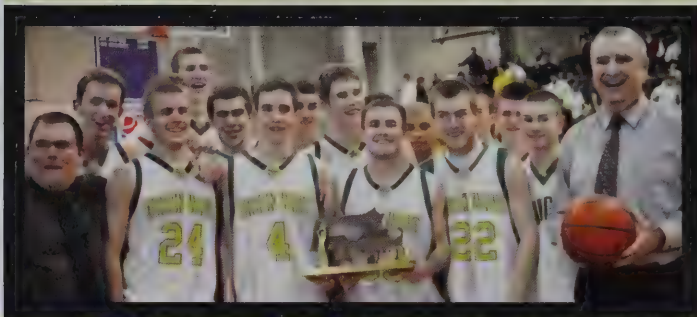
#4 Ryan Chambers had everyone screaming.





HERE WE GO GREEN!

The boys kept going...



Our senior year, the boys' basketball team continued their season, impressing loyal fans and gaining many new fans across high school sports. The team entered the tournament with the title of South Shore League Champions, after defeating Foxborough, Fairhaven and then Pembroke.

While playing at UMASS Boston against Scituate, our team came from behind to win 80 to 69, with strong performances by seniors Chris Tighe, who earned a double-double (18 points, 10 rebounds), Brian Kurowski with 12 points, and Ryan Chambers with a phenomenal career-high 33 points!

Throughout all the games, the team's dedicated "Green Wave Superfans" filled the gym. No other fans could match our enthusiasm ... shouting and cheering out favorites like, "DDD Defense," "I'm blind, I'm deaf, I wanna be a ref," and "Awful Waffle." As always, the AHS Cheerleaders tagged along rooting on those dedicated players. Of course, the Green Wave boys' achievements would go unnoticed without the hard work of Coach Byron, who guided this team to victory, game after game. Next game, they're heading to TD Banknorth Garden. How far can they go?!

EAB HOCKEY



Captain
Zack Concannon

Captain
Chris Dion



SENIOR SPOTLIGHT



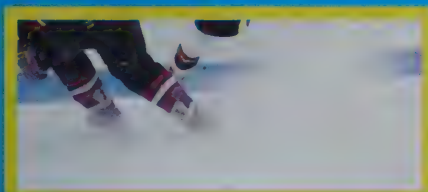
Aaron Parsons

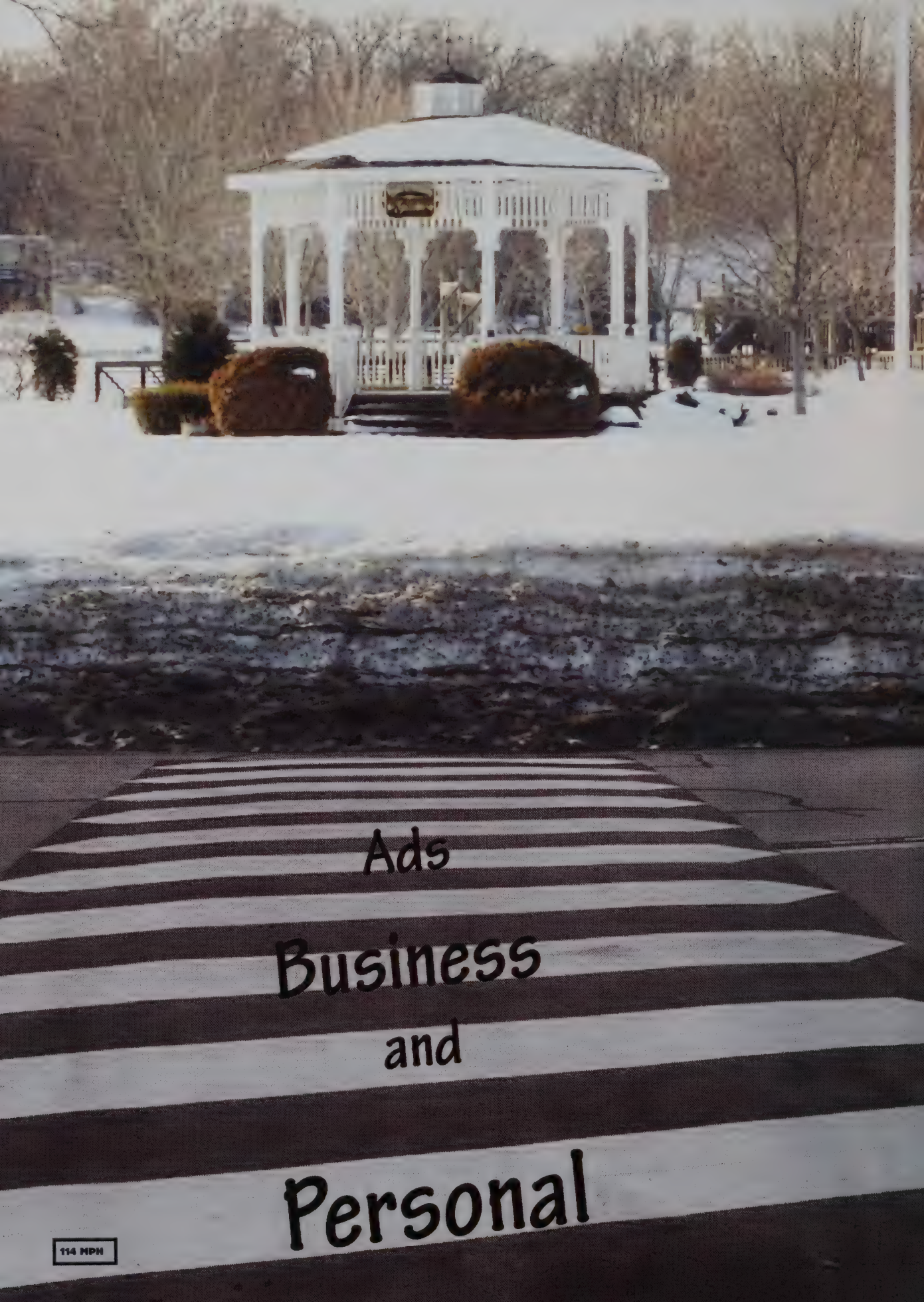


Tom Carleton



Coming together with East Bridgewater, our hockey team "EAB" has been turning up the ice for the past few years. With her early morning practices at 5:45 and games each week during the winter, the boys were kept busy. Abington Captains Zack Concannon and Chris Dion, with coaches Tim Hill, Brian Smith, Scott Lonergan, Don Hill, and Tim Rogers the team is tournament bound.





Ads
Business
and
Personal

To The Class Of 2009

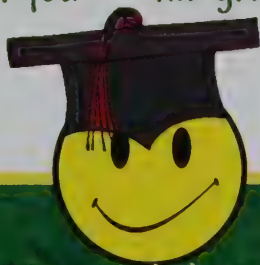
At this very special time when you close out your years at school,
I think about you going off, armed with the Golden Rule.
My favorite class has all grown up! You're off on a new path
Which may include new languages or maybe higher math.

I remember what a group you were, so special in my eyes,
And wonder at the truth of this—the time does really fly!
When I think about all you have learned, there's little to suggest,
But I would like to recommend what I think might work best.

Please keep the friendships you have made forever in your heart,
For friends throughout your life will always be a special part.
As you enter each new phase of life, your future will look bright!
Take on the challenges that come, success should be your right!

Just be the best that you can be, share thoughts along the way,
And try to do a little more, make things better every day.
Keep smiling as you move through life, taking each day in stride
Be optimistic—always looking for the brighter side!

Hold to the past but look ahead, anticipate the pleasure
And know that you have left behind the memories I will treasure.
In the future I know each of you will surely travel far,
And I'll remember all of you -- the great class that you are!



Sincerely, Scott "Mr." Slaney

CONGRATULATIONS KATE!

Wow! What a great person you've become. Eighteen and ready to fly.
Look out world! Proud, as always,
Love, Mom & Brian



**Jono, We are so proud of you.
So excited for you. We wish you
happiness, health and success in
college and beyond. Lots of love,
Mom, Dad, Ashleigh, Justin**

Wherever you go, go with all your heart.
~ Confucius



Congratulations, we're so proud of you!

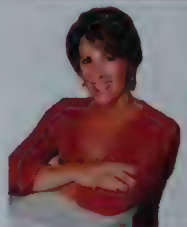
All of our love,
Mom, Dad, Max and Amy

Bug-
Congratulations! You
have come so far! We
are very proud of you!
Love, Mom + Dad

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Congratulations Class of 2009



Eric,
We are very
proud of you!
Congratulations
and good luck
always!
Love Mom, Dad
and Kristen

CONGRATULATIONS!
Stephen Akins

May all your dreams
come true. We are so
very proud of you!!
Love, Ma, Dad,
Ryan & Corey



Great Job
Kevin,

Love,
Mom, Dad,
Michelle + Ally



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Hilary

Do not follow where the path may lead.
Go, instead, where there is no path and
leave a trail. We are very proud of you!
We know you'll be successful in college.

Dream Big!

Love Mom+ Dad

Lizzy,
Good luck
in college!
We are very
proud of you.
Love Mom,
Dad & "Soup"



Richard,
Whatever path the lord has
in store for you, go with love,
faith, trust and conviction. We're
all so proud of you!
Love, Mom, Jason,
Anthony, and all the animals!

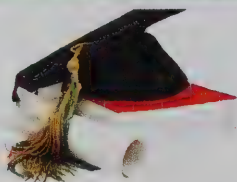


Good Luck
Jennifer & Julie
Love,
Grammy &
Grampy

Congratulations
Pat Manning,
May you soar to new heights!



We are so proud of you!
Love Mom, Dad & Jen



Congratulations and Best Wishes
To the Class of 2009
From Lisa & Ed Zdonek

Katie,
you did it!
Congratulations!
Love, Mom, Dad
and Meaghan

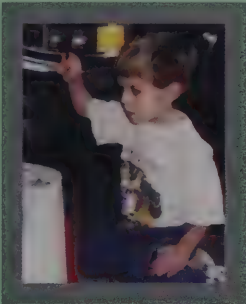
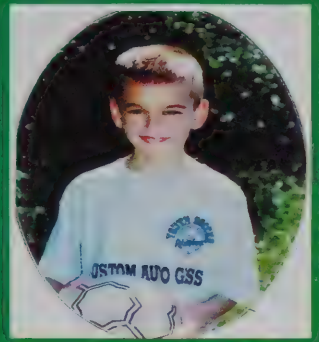


CONGRATULATIONS ASHLEY!!!

What a long way you've come!
I'm so extremely proud of you and
who you have become!
Hope all your dreams come true!
I love you!
Love, Mom



Ryan,
How fast the years have
flown by. Make every
moment count.
Love Mom, Dad,
Mike & Meghan



J
O
S
h

We have watched you change and grow
As seasons come, then quickly go.
But our God has a perfect plan
To shape a boy into a man.
We're so proud of the young man you've become
As we send you to college, our dear firstborn son!
Love always, Mom and Dad



CONGRATULATIONS MAX!

Always remember-
Put things in perspective....
Be proud of who you are...
Unearth your potential....
Shake off your mistakes...
And NEVER, EVER forget,
Not even for one instant
How much you are loved!

With all our love,
Mom, Dad, Cejay and Nan

P.S. Papa would be very proud of the young
man you that you have become!





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Cole - Congratulations!
We are so proud of you &
your accomplishments.
Good luck next year
and always.
Love, Mom & Dad

**Best wishes for your
future, Julie!**

**Love
Mom, Dad & Joe**

**ConGRADulations
to my FAVORITE guard seniors!**

Amy Elizabeth Gabrin

Stephanie Anne Hall

Emily Marie Jaiske

Maghann Elizabeth Ruth Hickey

Jillian Pagan

Marie Chetelain

Rob Sans

with love and best wishes, Nicole Leigh LoPorto

Marie

We are proud of you.

Thanks for being responsible.

We love you.

Mom, Dad & Nadine



It's all about fun.
Congrats 2009,
the class of
champions
Love Mom,
Dad & Susan



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To ALL the Yearbook
Staffers...

It's been a crazy, fun,
stressful, yet wacky year,
but thanks for the fun.

Let's do it again
sometime. Thanks,
Ms. Rome-Avrus



Community service has been a Webster tradition for over 70 years. We applaud your commitment and hard work.

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*Congratulations to
the Class of 2009*



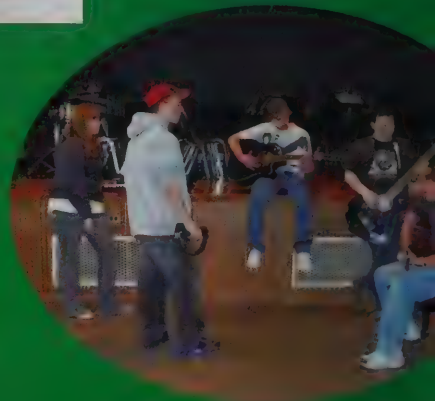
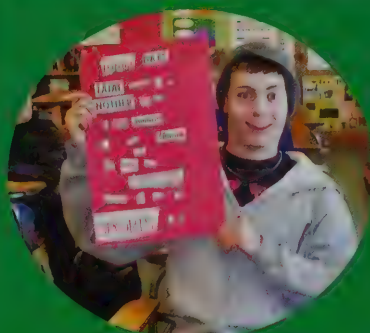
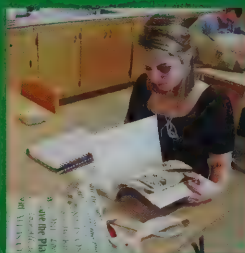
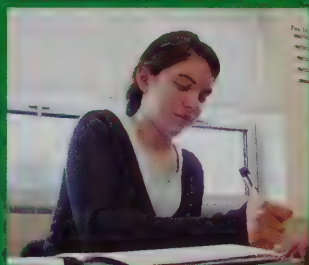
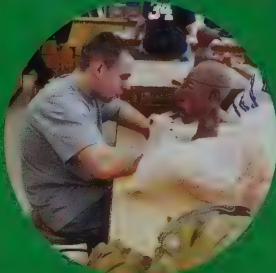
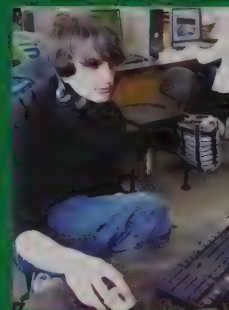
Abington Bank

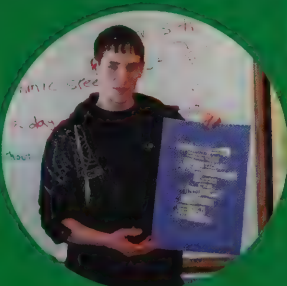
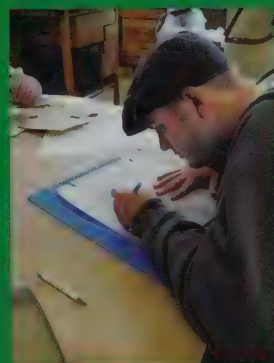
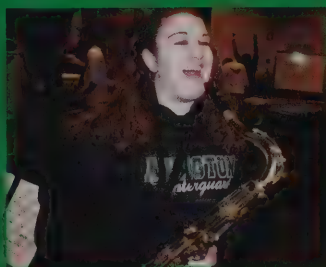
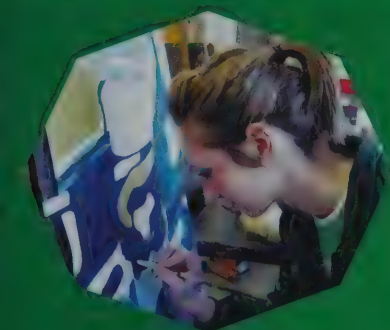
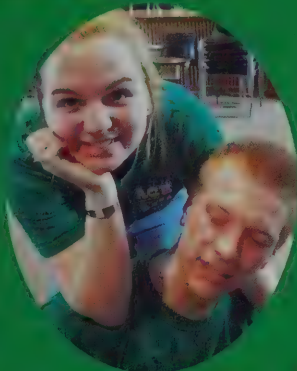
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DAYS IN THE CLASSROOM

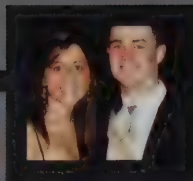
Showing What We Do Best





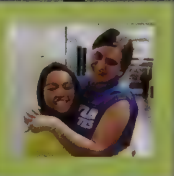
"SEENYAHS"





Putting together this yearbook was probably the most stressful thing that I've done in high school, but seeing the final product is totally worth it. I hope this book leaves you all with good memories no matter what you choose to do in your life. Don't let your life pass you by too fast. The Class of '09 is the best ever to come out of AHS, no doubt.

I'll miss each and everyone of you. Peace.
- Kevin McNamee



From an editorial perspective, a lot of sleepless nights were spent worrying that this book would be a chaotic mess. I learned who I would truly miss when I leave AHS. I will always know I played a significant role in the legacy of 2009. Ten years from now, I may not remember a specific day at lunch or what happened in a given class, but I will always have this yearbook to look back on my years at AHS. I will forever be a proud member of the class of 2009.

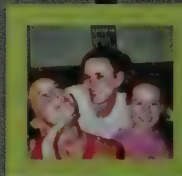
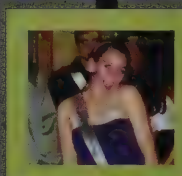
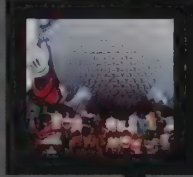
With love always,
- Meghann Elizabeth Ruth Hickey



As an editor, I've had the pleasure of putting together our 2009 yearbook. It was one of the most stressful activities of my senior year, but I have to say it was worth it. As we depart our separate ways, I hope this yearbook ties us together. All the times we've shared I hope are captured here. We've left our mark at AHS. Thanks for the memories!

Peace out Seniors
- Liz Mollica

"To accomplish great things, we must not only act, but also dream; not only plan, but also believe."
- Anatole France



Coordinating all aspects of producing a quality yearbook entails a lot more effort than just playing with pictures! My role went beyond just being an advisor (with only some of the answers), to also being a mediator and a planner, a moral booster and a worker bee, a photographer and the lady with lots of candy!

As yearbook advisor I just want to say, I hope this was all you expected it to be (both the book and Your Years at AHS). I hope the future brings wonders to explore and challenges to brave and adventures that bring you happiness.

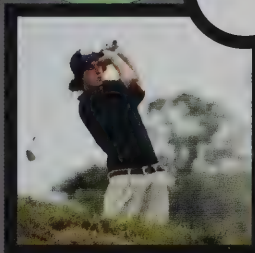
Always the student even as the teacher,
- Ms. Rome-Avrus



Marching Band
Gold Medal Winners '08

Look at how far we've come...

We had a fast four years at AHS, but even though the time flew by, a lot did happen. Many teams made a huge impression on the community with their success. Our achievements as the the class of 2009 will hopefully be remembered in the AHS community for a long time to come. No matter if it was a sports team, band, or an individual achievement, our class had a lot to be proud of. The Boys Basketball team playing at the Boston Garden and the Football team having billboards on Rt. 18 will not soon be forgotten. AHS saw a lot of good when we were in the building, like the White Ribbon Campaign, Rachel's Challenge, many drama performances, concerts, trips, and the rowdiest crowds AHS has ever seen. Look at how far we've come...



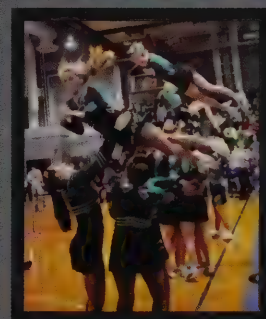
Golf
Made Tournament '08



Boys Basketball
South Shore League Champs '09
Division 3 South Champs '09

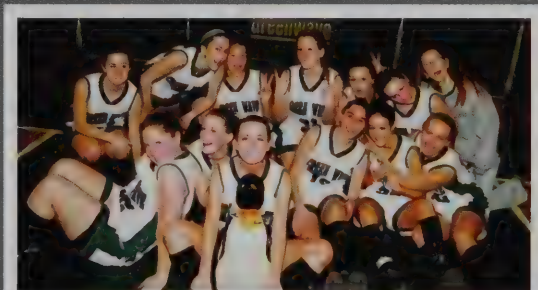


EAB Hockey
Made Tournament '09



Football

South Shore League Champs '05 '06 '07 '08
Super Bowl Champions 2005



Girls Basketball
Made Tournament '09

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